

City of San Bruno Fall & Winter 2009



Community Services Activity Guide

We create community through people, parks & programs.

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Youth Enhancement Scholarship Fund

The San Bruno Community Services Department is proud to offer scholarship programs for children with little resources and who want to learn something new, meet new friends, and have a positive role model from a teacher or recreation leader. We believe that recreation strengthens safety and security, promotes health and wellness and fosters human development. You could partner with us by helping to make San Bruno a better place for our children. Contribute to the Youth Enhancement Scholarship Program by giving any amount you wish when you register. Thank you for helping to make a difference in a child's life through recreation. If you are interested in receiving an application to receive a scholarship to participate in a recreation class or program, please call 650-616-7182.

Class Locations

Allen School: 875 W. Angus, San Bruno
Bay Badminton Center: 1611 Adrian Rd. Burlingame
Belle Air Community Center: 400 3rd Avenue, San Bruno
Crestmoor Elementary School: 2322 Crestmoor Drive, San Bruno
Dragonfly Designs Studio: 55 Nursery Way, So. SF
Edward Jones: 1001 Sneath Lane, Suite 107, San Bruno
El Crystal Elem. School: 201 Balboa Way, San Bruno
First Place Fencing School: 835 E. San Carlos Ave, San Carlos
Forest Hill Christian Church: 250 Laguna Honda Blvd. SF
Dojo USA: 731 Kains Avenue, San Bruno
Grundy Park: Cherry Avenue, San Bruno
Ice Center: 2202 Bridgepointe Parkway, San Mateo
Millbrae Recreation Center: 477 Lincoln Circle, Millbrae
Millbrae Skate Park: Millbrae Avenue, Millbrae
Monte Verde Elem. School: 2551 St. Cloud Drive, San Bruno
Planet Granite: 100 El Camino Real, Belmont
Pool Parking Lot: City Park next to the Park Pool, San Bruno
Portola Elem. School: Amador & Lake Drive, San Bruno
SSF Municipal Building: 33 Arroyo Drive, SSF
Tanforan Professional Center: 1405 B Huntington, SSF
Veterans Memorial Recreation Center: City Park - 251 City Park Way (Crystal Springs @ Oak Ave.), San Bruno
Vibo Music Center: 488 San Mateo Ave., San Bruno

City Offices Close Due to Work Furlough

City offices will be closed on the following days as part of a six day work furlough program.

August 14, 2009	February 12, 2010
October 9, 2009	April 9, 2010
December 11, 2009	June 11, 2010

All scheduled recreation programs such as camp, swimming and classes will continue as scheduled on August 14.

The San Bruno Community Services Department is committed to providing quality programs and services to benefit the health and well-being of the community.



City Contact Information

San Bruno City Council

Larry Franzella, Mayor • Jim Ruane, Vice Mayor • Ken Ibarra • Rico E. Medina • Irene O'Connell
The City Council meets the 2nd & 4th Tuesdays of each month at 7:00pm.
Council meetings are held at the San Bruno Senior Center, 1555 Crystal Springs Road

San Bruno City Manager

Connie Jackson

Parks & Recreation Commission

Greg Pierce, Chair • Lorry Greenberg, Vice Chair • Laura Davis • Tom Lara • Stephan Marshall
David Nigel • Bob Stanton • Lucy Zamattia • Sierra Bower, Youth Representative
The Parks & Recreation Commission meets the 3rd Wednesday of each month at 6:30pm.
Commission meetings are held at San Bruno City Hall, 567 El Camino Real, Room #115.

Senior Advisory Board

Bill Goff, Chair • Barbara Luzaich, Vice Chair • Dorothy Carmichael • Elisa Gerald
Loretta Groulx • Ken Kreisel • Arland Sponsler

The Senior Advisory Board meets the 3rd Tuesday of each month at 8:30am.
Advisory Board meetings are held at the San Bruno Senior Center, 1555 Crystal Springs Road.

Culture & Arts Commission

Emile Hons, Chair • Bardi Rosman Koodrin, Vice Chair • Barbara Gallo • Jeanne George
Carolyn Livengood • Tami Parker • Melodie Tobin

The Culture & Arts Commission meets the 3rd Thursday of each month at 6:30pm.
Commission meetings are held at San Bruno City Hall, 567 El Camino Real, Room #115.

Community Services

Randy Schwartz, Community Services Director 650-616-7181
Jackie Mattias, Executive Assistant 650-616-7185

Recreation Services

Danielle Brewer, Recreation Services Manager 650-616-7182
Jennie Tucker, Recreation Services Supervisor 650-616-7184
Dee Fabela, Recreation Services Supervisor 650-616-7183

Library Services

John Alita, Assistant Library Director 650-616-7017
Barbara Bruxvoort 650-616-8272
Linh Reifschneider 650-616-7078
Tim Wallace 650-616-7084

Senior Services

Wendy Mines, Recreation Services Manager 650-616-7151
Mary Tessier, Recreation Services Supervisor 650-616-7152
Gloria Deeter, Nutrition Manager 650-616-7154
Susan McCaman, Social Services Coordinator 650-616-7155
Ron Miles & Larry Levine, Senior Bus Drivers 650-616-7150

Parks & Facilities Services

Steve Freitas, Parks & Facilities Manager 650-616-7196
Jeff Madonich, Parks Field Supervisor 650-616-7194
Rene Walsh, Parks Field Supervisor 650-616-7193

Field Condition Hotline

650-616-7188

Website

www.sanbruno.ca.gov

City of San Bruno Community Services Facilities

Veterans Memorial Recreation Center

251 City Park Way
Phone: (650) 616-7180
Fax: (650) 583-2545
Business Hours
Monday - Thursday 8:00am - 9:00pm
Friday 8:00am - 5:00pm
Saturday 9:00am - 1:00pm
Sunday Closed

Mailing Address
567 El Camino Real
San Bruno, CA 94066

Parks & Facilities Division

1125 Crystal Springs Avenue
Phone: (650) 616-7180
Fax: (650) 225-9314

Senior Center

1555 Crystal Springs Road
Phone: (650) 616-7150
Fax: (650) 589-8219
Business Hours
Monday - Friday 8:00am - 4:00pm

San Bruno Public Library

701 Angus Avenue West
Phone: (650) 616-7078
Fax: (650) 638-0399
Business Hours
Monday - Thurs 10:00am - 9:00pm
Friday 1:00pm - 6:00pm
Saturday 10:00am - 5:00pm
Sunday Closed

Facility Rental Information

Facilities are available for reservation at the San Bruno Veterans Memorial Recreation Center and San Bruno City Park. Apply in person at the Recreation Center Office located in San Bruno City Park, 251 City Park Way, Monday through Thursday from 8:30am to 8:30pm, Friday from 8:30am to 4:30pm, and Saturday from 9:30am to 12:30pm. For further information, call (650) 616-7180.

Veterans Memorial Recreation

Center Meeting Room Rental Fees

Maximum of 140 people

(1st four hours): \$250 Resident, \$313 Non-resident

(each additional hour): \$50 Resident, \$63 Non-resident

(cleaning/security deposit): \$400

Kitchen Included

Veterans Memorial Recreation Center

Conference Room Rental Fees

Maximum of 20 people

(1st three hours): \$45 Resident

(each additional hour): \$14 Resident

(cleaning/security deposit): \$100



Veterans Memorial Recreation Center Gymnasium Rental Fees

(Per Hour): \$95 Resident, \$190 Non-resident

(cleaning/security deposit): \$100

No Food Allowed

Rotary Pavilion at City Park

\$100 per hour

\$100 Deposit Resident/Non-resident

Maximum of 50 persons in attendance.

No amplified music or sound.



San Bruno Senior Center

Nestled in the natural setting of San Bruno Park, the San Bruno Senior Center offers nearly 5,000 square feet of floor space in the multipurpose room. Reservations must be made at the Senior Center, Monday through Friday from 8:30am-3:30pm. For further information, call Wendy Mines, Recreation Services Manager, at (650) 616-7151.

Tennis Courts at City Park

\$30 per court (four hour minimum)

Athletic Fields

\$30 per Hour

Call 650-616-7182 for field availability.



Picnic Site Rental & Park Information

San Bruno City Park Areas

Small Areas (Areas 1-6 & 8-11):

\$85 Resident, \$170 Non-resident (Per Site - March 1-October 31)

\$40 Resident, \$80 Non-resident (Per Site - November 1-February 29)

Medium Areas (Areas 7 & 12):

\$95 Resident, \$190 Non-resident (Per Site - March 1-October 31)

\$50 Resident, \$100 Non-resident (Per Site - November 1-February 29)

Large Area:

\$300 Resident, \$600 Non-resident (March 1-October 31)

(Beckner Shelter - Area 14)

\$150 Resident, \$300 Non-resident (November 1-February 29)

Commodore Park Rental Areas

Small Areas (Areas 1-3):

\$85 Resident, \$170 Non-resident (Per Site - March 1-October 31)

\$40 Resident, \$80 Non-resident (Per Site - November 1-February 29)

Grundy Park Rental Areas









































































Small Area (Area 1):







\$85 Resident, \$170 Non-resident (Per Site - March 1-October 31)

\$40 Resident, \$80 Non-resident (Per Site - November 1-February 29)

Alcohol Permit

\$10 Resident, \$15 Non-resident

Park	Location	Acres	Ammenities									
Bayshore Circle Park	N. Bayshore Circle	1										
Belle Air Field/Lions Park	S. End 1st & 3rd Aves.	3										
Buckeye Park	Rosewood Dr. near Madison Ave.	7										
City Park	Crystal Springs @ Oak Aves.	31										
Commodore Park	Commodore Dr. @ Cherry Ave.	4										
Crestmoor High Fields	Top of Courtland Dr.	12										
Earl & Glenview Park	Earl Ave. @ Glenview Dr.	2										
Fleetwood Tot Lot	Fleetwood near Rollingwood Dr.	1/2										
Forest Lane Park	Forest Ln. @ Green Ave.	4										
Grundy Park	Cherry & Park Aves.	4										
Herman Tot Lot	Diamond & Herman Sts.	1/4										
Lomita Park	500 San Anselmo Ave.	1/4										
Monte Verde Park	Oakmont @ Evergreen Drs.	5										
Pacific Heights Park	Longview @ Goodwin Drs.	5										
Ponderosa Park	Pacific Heights Blvd @ Seacliff Way	1/4										
Posy Park	San Mateo @ Huntington Aves.	1/4										
7 th Avenue Park	7th @ Angus Aves.	1/2										
7 th & Walnut	7th @ Walnut Aves.	1										

 Picnic Tables	 Track	 Dog Run	 Water	 Baseball Diamond	 Restrooms	 Soccer	 Benches
 Tennis Courts	 Basketball Courts	 Exercise Course	 5 & Under Equipment	 5-12 Years Equipment	 Barbecues		

Commissioners & Advisory Board Members



Parks & Recreation Commission

From Left to Right: David Nigel, Stephen Marshall, Laura Davis, Bob Stanton, Sierra Bower-Youth Representative, Lucy Zamattia, Lorry Greenberg-Vice Chair, Greg Pierce-Chair, Tom Lara



Culture & Arts Commission

Back Row: Melody Tobin, Bardi Rosman Koodrin-Vice Chair, Tami Parker. Front Row: Emile Hons-Chair, Barbara Gallo, Carolyn Livengood. Not Pictured: Jeanne George



Senior Advisory Board

Back Row: Loretta Groulx, Elisa Gerald, Arland Sponsler, Dorothy Carmichael
Front Row: Ken Kreisel, Barbara Luzaich-Vice Chair
Not Pictured: Bill Goff-Chair

Amazing San Bruno Scavenger Hunt

Welcome to the first “Amazing San Bruno” Scavenger Hunt. This scavenger hunt focuses on nine of the newly renovated park playgrounds in San Bruno. Your goal is to find the parks from the clues listed below and take a photo. Once you have found all nine parks, turn in the photos at the Recreation Center in exchange for 15% voucher off a recreation program.

Special for children 10 and under: at each park there are tasks for kids to complete. Turn in all the answers and get a prize!

Name _____

Email Address _____

Scavenger Hunt Challenge

Park #1: Find the park closest to the Community Gardens and 4H Farms and take a picture in front of the play structure. *Kid Challenge: Count the number of rings on the play structure.* _____

Park #2: Unscramble the letters “eentsvh vuneae”, find that park and take a picture in front of the rock climbing wall. *Kid Challenge: Count the number of rungs on the chain link ladder.* _____

Park #3: Find the park next to The Shops at Tanforan and take a picture in front of the play structure. *Kid Challenge: Count the number of ways you can get to the top of the play structure.* _____

Park #4: Find the park closest to the Dog Park and take a picture in front of the school bus. *Kid Challenge: Count the number of slides in all of the park.* _____

Park #5: Find the park closest to Pacifica and take a picture in front of the little motorcycle. *Kid Challenge: Find and name the company that made the play structure.* _____

Park #6: Find the park on Fleetwood Drive and take a picture at the bottom of the curvy slide. *Kid Challenge: Count the number of stairs to get to the slide.* _____

Park #7: Find the park on the edge of the Crestmoor Canyon and take a picture in front of the play structure. *Kid Challenge: Name all the colors of the pegs on the climbing wall.* _____

Park #8: Find the park closest to Millbrae and take a picture in front of the play structure. *Kid Challenge: Name all the answers on the question wheel.* _____

Park #9: Find the smallest playground in San Bruno City Park and take a picture in front of the double slide. *Kid Challenge: Name all the colors in the play structure.* _____



Look for more “Amazing San Bruno” Scavenger Hunts in future Activity Guides!
Questions? Contact Danielle at 616-7182.

Stumped? Look at page 5 for park locations!

Library Card Application



SAN BRUNO PUBLIC LIBRARY library card application

Peninsula Library System

Male ☐ Female ☐ Birthdate: ____ / ____ / ____

Applicant's Name: _____
Last First Middle

Residential Address: _____
Street Address Apt. #

City State ZIP

Home Phone: (____) _____ Cell Phone: (____) _____

CDL #: _____ Email: _____

How would you like to receive information about your account? email ☐ phone ☐ US Mail ☐

Would you like to receive information about the Friends of the San Bruno Library? Yes ☐ No ☐

Would you like to receive the library newsletter via e-mail? Yes ☐ No ☐

Mailing Address if different from above:

Street Address

City State ZIP

PARENT or GUARDIAN'S NAME IF APPLICANT IS UNDER AGE 18:

Last First Middle

Address same as above: Yes ☐ No ☐

Parent / Guardian Mailing Address if different from above:

Street Address Apt. #

City State ZIP

Home Phone: (____) _____ Other Phone: (____) _____

I understand that I am responsible for the use of this card, including any fines or fees incurred.

Only the person named on this library card account may use this card for borrowing materials or internet use.

I will notify the library immediately if this card is lost or stolen, or if any of the information I have given has changed.

Signature _____ Date _____

STAFF ONLY

Home Library: _____

Barcode: _____

Date Entered: ____ / ____ / ____

Initials: _____

iii Patron #: _____

Other ID / Info: _____

Language: _____

Census: _____

Date Verified: ____ / ____ / ____

Initials: _____

Library Information

One Book, One Community 2009



An Evening With
Chitra Divakaruni

Author of
The Mistress of Spices

San Mateo Performing Arts Center

Thursday, October 1, 2009

7:00pm

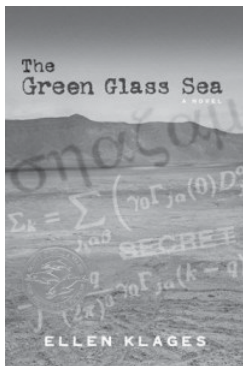
Free and open to all

600 N. Delaware Street, San Mateo

www.onebookreads.com



Chitra Divakaruni will appear with KALW public radio's **New America Now** host Sandip Roy. Roy will explore with Divakaruni the characters, themes and storylines of *The Mistress of Spices*. This event includes audience Q & A and book sales and signings by Ms. Divakaruni.



Meet the Author!
Ellen Klages - *Green Glass Sea*

Thursday, September 17 at 7pm

San Bruno Library

Free and open to all

Ellen Klages, author of *Green Glass Sea* (a Parkside Intermediate Summer Reading Selection for 7th and 8th grades) will speak about her book at the San Bruno Library. The *Green Glass Sea* is a great book for families to read together. It tells the story of eleven-year-old Dewey Kerrigan who goes to live with her scientist father in the town of Los Alamos in 1943. Dewey deals with school bullies and cliques while her father and other adults are busy with secret war work. The importance of this work is gradually revealed as is the impact on the adults and children in the community. Winner of the Scott O'Dell Award for Historical Fiction.

Library Information

Story Time at the San Bruno Library

Itsy Bitsy Storytime

Thursdays at 11am

Songs, rhymes and stories for ages 18 months to 3 years.

Pajama Storytime

Mondays at 7pm

Ages 3 and up
Get your bedtime stories at the library!



Hora de cuentos bilingües/ Bilingual Storytime

Tuesdays at 11am

Programa interactivo de cuentos para hablantes de inglés, español o los dos. El programa es para todos los niños, pero es ideal para los de 2 hasta 4 años de edad. Interactive storytime for speakers of Spanish, English, or both. All ages are welcome but storytime is specifically geared to 2-4 year olds and kids are encouraged to participate.

To Our Customers:

Due to the current economic situation, our new Library hours on Fridays will be 1:00 to 5:00pm, beginning on August 7, 2009. Library hours remain otherwise unchanged.

We apologize for any inconvenience this may cause and thank you for your understanding.

The San Bruno Library Staff

RARE BOOK ROADSHOW

Ever wonder if those old books around the house are worth anything? Here's your chance to find out! The San Bruno Library will have a professional book appraiser evaluate your books on Saturday, September 26, 11 am - 2 pm for only \$1 per book (5 book limit per person). All proceeds benefit the Friends of the San Bruno Library. For more information call Tim Wallace at (650) 616-7084.

The City of San Bruno presents **Movies in the Park** San Bruno Park Tennis Court Area Movies begin at dusk.



September 4 - Raiders of the Lost Ark (PG)

September 11 - Mamma Mia! (PG-13)

September 18 - Harry Potter and the Sorcerer's Stone (PG)

September 25 - The Music Man (G)



Contact John Alita at 650-616-7017 or jalita@sanbruno.ca.gov for more information.

Special Events



Concerts at the
Rotary Pavilion

Friday Evenings 6:00pm in San Bruno City Park

August 7 - Livewire - *Dance Party Band*
August 14 - Unauthorized Rolling Stones - *Tribute*
August 21 - Cocktail Monkeys - *Classic Rock, Pop*
August 28 - Dave Crimmen - *50's Rock & Roll*

Thank you to our Gold Sponsors!
San Bruno Lions Club
Southwood Plumbing & Heating Inc.
San Bruno Garbage Co.

First Ever Family Overnight in San Bruno City Park

Cost: \$15 per person
Fri, 9/25 @ 6pm to Sat, 9/26 @ 9am
Code: 5595.401

Bring your family out to San Bruno City Park and enjoy a hot dog BBQ, fun relay races and games, watch a movie in the park and then sleep over in your tent. Each family should bring a tent to sleep in, sleeping bags, flashlights, and warm clothes. All children under 18 years of age must be accompanied by an adult. For more information, contact Jennie at 616-7184. Must have a minimum of 50 participants by Friday, September 11. Register Early!



Clean Sweep Flea Market

Sunday, August 23 (code 5553.302)
9:00 am - 4:00 pm
in Commodore Park

Sunday, September 13 (code 5553.303)
9:00 am - 4:00 pm
in San Bruno City Park

Per Flea Market

\$38 Resident, \$48 Non-resident

Here is a chance for families to rent a 10' x 10' space in San Bruno City Park to sell furniture, records, clothing, sporting goods, and more. The San Bruno Community Services Department reserves the right to refuse any item offered for sale. All unsold goods must be removed by the seller no later than 5pm.

To reserve your space, return registration form (page 42) and payment to:

Flea Market
San Bruno Recreation Center
567 El Camino Real
San Bruno, CA 94066

For additional information,
contact Jennie at 650-616-7184.

STONEHAM A Haunted House

Thursday 10/23 6:00pm-9:30pm

Friday 10/24 6:00pm-9:30pm

Thursday 10/29 5:00pm-8:30pm

Friday 10/30 6:00pm-9:30pm

Tickets \$4 presale before 10/23,
\$5 after 10/23

Join us for our second annual Haunted House held at the San Bruno Park Pool (inside of San Bruno City Park). The halls of San Bruno Park Pool will be transformed into *Stoneham Asylum for the Mentally Insane*. A place few enter and even fewer ever leave! Recommended ages 7 and up-Enter at your own risk! For more information call 650-616-7184 or visit

www.bayareahauntedhouse.com

Special Events

Arbor Day

Saturday, October 17, 2009

**The Arbor Day Celebration will include
fun events for the whole family!**

Come help green up San Bruno and plant a tree!

Time: 8:30am-1:00pm

Location: 1125 Crystal Springs Ave - meet at the Parks Corporation Yard

Info:

- We will assign volunteers to work in groups led by City Staff
- We will provide all gloves and tools
- Morning refreshments and lunch at 12:30pm will be provided for all volunteers
- Volunteers under the age of 18 are welcome and will need to be accompanied by an adult
- Volunteers need to provide transportation to tree planting locations
- A waiver must be filled out and signed by all participants

To qualify for a Street Tree you will need to meet the following requirements:

1. Have a space in front of your property suitable for a Street Tree.
2. Must be able to water the tree until it is established.

Fun and free community activities for all ages!

Time: 11am-1:00pm

Location: San Bruno City Park in front of the Veterans Memorial Recreation Center



The "Tree Truck" will be on display with Heritage Tree Information!



Join the "Plant Swap" with the San Bruno Garden Club!



Learn about composting at a workshop!



Story Time with Mother Nature!



Special nature activities for kids!



Special tree planting in San Bruno City Park at 12:45pm!

Arbor Day - Street Tree Planting Application

Name _____

Address _____

Phone Number _____ Email _____

☐ I would like to volunteer and help plant trees.

☐ I want the City to plant the tree.

Deadline for application is
October 2, 2009

Please mail application to:
San Bruno Community Services
Arbor Day Celebration
567 El Camino Real
San Bruno CA, 94066

Hand deliver application to:
War Memorial Recreation Center
251 City Park Way
San Bruno, CA 94066

Special Events

Goblin Grotto

For All Children 10 and Under!
(all children must be accompanied by an adult)

Thursday, October 29, 2009

\$7.00 per child

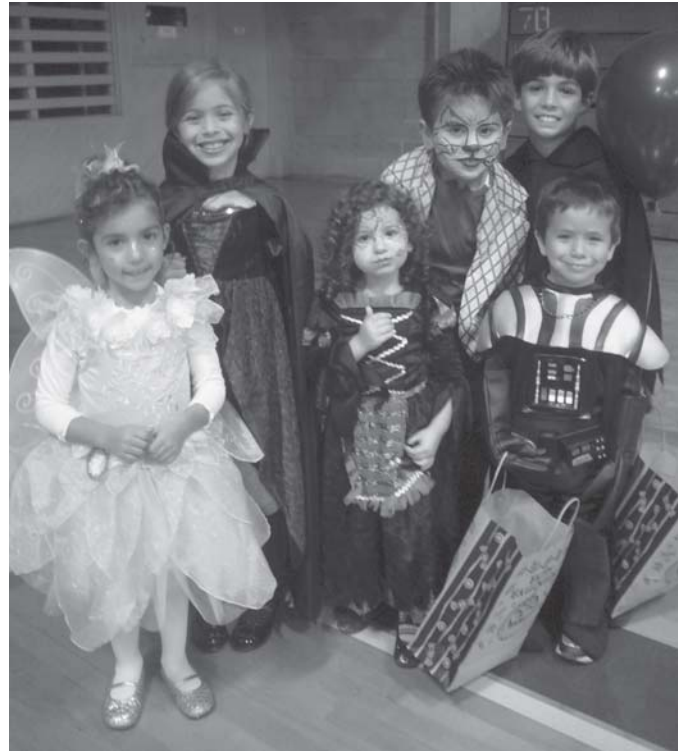
Where: San Bruno Recreation Center Gym
(No Online Registration available for this event.)

5:30-6:15pm - Group 1 (Orange Tickets)

Goblin Grotto opens for group 1 in the gymnasium for Trick-or-Treating, carnival games, storytelling & more! Trick-or-Treat bags provided. Only orange tickets will be accepted for this time slot.

6:45-7:30pm - Group 2 (Green Tickets)

Goblin Grotto opens for group 2 in the gymnasium for Trick-or-Treating, carnival games, storytelling & more! Trick-or-Treat bags provided. Only green tickets will be accepted for this time slot.



PRE-REGISTRATION FOR THIS EVENT IS REQUIRED.

Please indicate on registration form, the time slot you desire.

NO TICKETS TO THIS EVENT WILL BE SOLD AT THE DOOR!

Special Events

18th Annual Holiday Boutique

Saturday, November 28, 2009

10:00am - 4:00pm

San Bruno Senior Center, 1555 Crystal Springs Road

Name _____

Address _____ City _____ Zip _____

Home Phone _____ Work Phone _____ Email _____

Description of crafts _____

5x10 space: \$42 Resident, \$53 Non-resident - 5501.403

10x10 space: \$62 Resident, \$77 Non-resident - 5501.404

8 Foot Table: \$6 each

For Office Use Only

Space Number _____

Pmt. _____

5X10 space _____ 8' Table _____ 10x10 space _____ Total _____

All crafts and gifts must be handmade and will be juried. Along with your application please send payment, a self addressed stamped envelope, and pictures of the work you intend to sell to: Holiday Boutique, San Bruno Recreation Services Division., 567 El Camino Real, San Bruno, CA 94066. Registration deadline for the Holiday Boutique is September 18, 2009. Make all checks payable to the San Bruno Community Services Department. You will be notified by mail of your acceptance.

Note: There are not many large booths in this show. Priority for large booths are assigned to vendors that have been with us previously, but we will try to accomodate all requests.

If you have any questions please call Dee, Recreation Services Supervisor, at 650-616-7183, Monday – Friday, 9:00am-5:00pm.

Santa's Hotline

Fill out the registration form on page 40 and Santa will personally call your child.

Cost: \$5.00 per child

Time: choose best time below

Day: Thursday, 12/17

0503.401 5-6pm

0503.402 6-7pm



Deadline to sign
up for a call is
December 7

Letters to Santa

Would your child love a letter from Santa? Santa will write your child on his special stationery! Please fill out registration form on page 40, enclose your payment and send it to:

Santa Claus
c/o San Bruno Recreation Dept.
567 El Camino Real
San Bruno, CA 94066
Cost: \$3.00 per letter

Letter must be received no later than December 7th in order for Santa to respond.

Special Events & Vacation Camp

Winter Vacation Camp

It's almost Winter Vacation again and you are probably looking for something for your children to do during their school break. San Bruno Parks & Recreation Services Department is offering Winter Vacation Camp! Participants will join Recreation Leaders in games, songs, cooking, sports, arts and crafts, gift making and all around fun. The Recreation Leaders will keep your children active all day! Bring a bag lunch each day!
No Camp 12/24, 12/25 Ages 4-11.

Cost: \$219 Resident, \$234 Non-resident
Location: San Bruno Recreation Center Community Room
Instructor: Recreation Leaders
Time: 10:00am-4:00pm
Days: Mon-Wed (1st week) & Mon-Thurs (2nd week)
4-5 years
2610.401 10am-4pm 12/21-12/31
6-8 years
3610.401 10am-4pm 12/21-12/31
9-11 years
3610.402 10am-4pm 12/21-12/31



Winter Vacation Camp Camp PLUS!

This program is designed for parents who need extended care or for those children who just can't get enough camp. Recreation Leaders will be on site to play games, do craft projects and sing songs. No Camp 12/24, 12/25 Ages 4-11.

Cost: \$35 Resident, \$44 Non-resident
Location: San Bruno Recreation Center Community Room
Instructor: Recreation Leaders
Days: Mon-Wed (1st week) & Mon-Thurs (2nd week)
3611.401 7:30-10am 12/21-12/31
3611.402 4-6pm 12/21-12/31



Visit From Santa Open to San Bruno Residents Only!

Fee: \$30 per 5 children.

Visits approximately 10 minutes per household.

Registrant's Name: _____

Address: _____

Day Phone: _____ Night Phone: _____ # of Children Attending: _____

Please indicate date and time by placing a "1" in first choice time and a "2" in your second choice time, etc. We will try to accomodate first choices.

Saturday, December 19

____ 6:00-7:00pm 3504.401
____ 7:00-8:00pm 3504.402
____ 8:00-9:00pm 3504.403

Sunday, December 20

____ 4:30-5:30pm 3504.404
____ 5:30-6:30pm 3504.405
____ 6:30-7:30pm 3504.406

Tuesday, December 22

____ 6:00-7:00pm 3504.407
____ 7:00-8:00pm 3504.408

Registration Deadline: Thursday, November 26 (no postmarks accepted)
Confirmation of time will be mailed to you no later than Wednesday, December 9

Any special instructions: _____

Preschool Enrichment Classes

Tiny Tots Program (29 classes)

Class work includes arts and crafts, games, story-telling, singing and rhythmic. This class offers your child a planned, semi-structured learning environment with emphasis on enjoyment. Parent participation required 3 times during the 10 week session. Maximum number of children each session is 25. Children should wear rubber-soled shoes to class. Please send a copy of your child's birth certificate with your registration. **CHILD MUST BE POTTY TRAINED.** Age 3^{1/2}-5, born on or before 3/15/06. No class 11/11.

Cost: \$357 Resident, \$372 Non-resident
(includes \$12 lab fee)

Location: Recreation Center Tots Room

Instructor: Sharon Baum

2200.401 T,W,Th 9:30-11:30am 9/15-11/19

My First Art Class (8 classes)

Come experience 5 art stations where making a mess is part of the process! You have fun; we clean up! Art projects continue to change all year long! Process rather than product is emphasized. Projects are age appropriate with the children having the freedom to explore materials at their own pace and in their own way. The class ends on a musical note with singing and dancing and having too much fun. Parental participation is required. A lab fee of \$8 is payable to the instructor on the first day of class. No class 11/12 & 11/26. Ages 18 months-5 years.

Cost: \$91 Resident, \$106 Non-resident

Lab Fee: \$8 payable to instructor

Location: Millbrae Community Center, 477 Lincoln Circle, Millbrae

Instructor: Chris Pollard/Renee Ramsey

2001.401 Th 9:30-10:30am 10/1-12/3 (1^{1/2}-3)

2001.402 Th 10:45-11:45am 10/1-12/3 (2-5)

Princess Dance Party (6 classes)

Come one come all to the princess ball! Crowns and wands provided! Dancers wiggle and giggle to creative movement dance activities in this fun and enchanting class! Students will learn fun princess routines as well as work on coordination, following directions and team work. Students will perform for friends and family on the last day of class. Ages 2-4.

Cost: \$67 Resident, \$82 Non-resident

Instructor: Pacific Dance Company

Location: Recreation Center Meeting Room

2101.401 M 11:00-11:45am 9/14-10/19

2101.402 M 11:00-11:45am 11/2-12/7

Babies on the Go! (6 classes)

Come dance, jump, sing, wiggle...and bring your parents too! In this hands on parent participation class you will help your child work on their fine and gross motor skills, coordination and socialization. Dancing games, bean bags, and musical instruments are just a few activities that await you. Ages 10 months-2 years.

Cost: \$67 Residents, \$82 Non-resident

Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company

2111.401 M 10:15-11:00am 9/14-10/19

2111.402 M 10:15-11:00am 11/2-12/7

Little Actors! (7 classes)

In this class, students will use their imagination while playing, dancing and acting games! A story will be told each week and students will act it out. Props provided! Class will also work on student's listening and socialization skills. No class 10/9. Ages 3-6.

Cost: \$78 Resident, \$93 Non-resident,

Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company

2111.404 F 2:00-2:45pm 9/11-10/30

Topsy Turvy Tumbling (6 classes)

Do you have a topsy turvy tumbling toddler? Then sign them up for topsy turvy tumbling! Students will learn basic tumbling moves as well as working on their balance, coordination and listening skills. Students will perform for friends and family on the last day of class! Ages 3-5.

Cost: \$67 Resident, \$82 Non-resident

Instructor: Pacific Dance Company

Location: Recreation Center Meeting Room B

2111.403 W 4:30-5:15pm 9/16-10/21

Pre-Ballet First Class Ages 2-3 (7 classes)

Introduce your 2 year old to movement and dance. This is a fun class that improves motor skills and builds self confidence. Children learn to follow the teacher in rhythm to a variety of music. They hop like frogs, sing along with finger plays, tip toe like mice and move playfully with balls or scarves. This class requires each child to have an adult to assist them. Children must be over 2 years old at the time of registration. Please wear comfortable clothing that is easy to dance in. For questions about the class call the instructor: Matrisha at 415-722-8281.

Cost: \$82 Resident, \$97 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

2103.401 T 9:45-10:30am 9/15-10/27

2103.402 T 9:45-10:30am 11/3-12/15

Youth Enrichment Classes



Tiny Tot Gymnastics (6 classes)

Your toddler/preschooler will build his/her motor skills while having fun! This course offers beginning gymnastics skills to develop strength, flexibility, coordination and self-confidence. Children will participate in activities that encourage personal growth and body awareness. No class 11/11. Ages 3-5.

Cost: \$79 Resident, \$94 Non-resident

Instructor: Laurie Loo

Location: Millbrae Community Center

2418.401	W	11:15am-12:00pm	9/9-10/14
2418.402	W	3:15-4:00pm	9/9-10/14
2418.403	W	11:15am-12:00pm	11/4-12/16
2419.404	W	3:15-4:00pm	11/4-12/16

Pre-Ballet Ages 3-4 (7 classes)

For children who want to try a ballet class, this is a fun introduction. Dancers learn basic ballet with an emphasis on creative expression. They use their imagination as they plie like fairies, tendue like chickens and jete like deer. Activities include stretching exercises, learning simple dances, free dancing with scarves and playing games that teach social skills. Dancers should wear simple leotards, tights and ballet slippers. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281.

Cost: \$82 Resident, \$97 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

2103.403	T	10:45-11:30am	9/15-10/27
2103.404	T	10:45-11:30am	11/3-12/15

Pre-Ballet Ages 4-5 (7 classes)

Children have fun as they stretch, leap and dance to classical music. This class introduces young dancers to the ballet barre and to basic ballet concepts. They learn ballet foot and arm positions and simple choreography. At the end of each class children have an opportunity for creative expression as they dance freely with scarves. Dancers should wear simple leotards and ballet slippers. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281.

Cost: \$82 Resident, \$97 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

2103.405	T	2:30-3:15pm	9/15-10/27
2103.406	T	2:30-3:15pm	11/3-12/15

Kidz Love Soccer

Mommy/Daddy & Me Soccer (9 classes)

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Rainout Hotline: 1-800-871-2275. Ages 2^{1/2}-3^{1/2}.

Cost: \$91 Resident, \$106 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

2419.401	F	11:30-12:00pm	9/18-11/13
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Kidz Love Soccer - Tot-Soccer (9 classes)

Encourages large motor skill development through fun soccer games and introduces small children to a group setting. Little tykes will enjoy running and kicking just like the big kids! **Shin guards are required after the first meeting.** Rainout Hotline: 1-800-871-2275. Ages 3^{1/2}-4.

Cost: \$91 Resident, \$106 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

2419.402	F	2:40-3:10pm	9/18-11/13
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Kidz Love Soccer - Pre-Soccer (9 classes)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. **Shin guards are required after the first meeting.** Rainout Hotline: 1-800-871-2275. Ages 4-5.

Cost: \$91 Resident, \$106 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

2419.403	F	3:10-3:45pm	9/18-11/13
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Parent and Child Intro to Ice Skating (6 classes)

This is a fun experience for one parent and one child to learn to ice skate together. Classes will be geared to the child's level. Cost includes one parent and one child, skate rental, one-half hour lesson and practice time immediately following the lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. Ages 3-4 years old plus parent.

Cost: \$59 Resident, \$74 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (574-1616)

Instructor: Ice Center Staff

2400.401	W	10:00-11:00am	9/16-10/21
2400.402	W	10:00-11:00am	10/28-12/2

Youth Enrichment Classes

Intro to Hockey Skating (6 classes)

This class is designed to teach basic ice hockey skating skills. Each of the six lessons will provide 30 minutes of instruction from 4:00-4:30pm. Basic forward skating is required to attend class. Students will learn to move, turn and stop in a controlled manner. Balance and use of blade edges, critical to a hockey player will be emphasized. This is not a hockey league, but rather a class in learning how to skate. Helmets with face masks and sticks are required. Class fee includes skate rental. All students get 6 free practice sessions at one of our public skate sessions (must be used prior to last class date). Dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lessons to check in and get skates on. Ages 6-14.

Cost: \$65 Resident, \$80 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (574-1616)

Instructor: Ice Center Staff

3400.405 T 4:00-4:30pm 9/15-10/20

3400.406 T 4:00-4:30pm 10/27-12/1

Youth Intro to Ice Skating (6 classes)

During each six-week session, students will be introduced to basic ice skating skills. Each lesson provides 30 minutes of instruction and 30 minutes of practice time on the ice. (Practice time will be from 5:45 - 6:15 pm.) Be sure to dress warmly and wear thick socks. Skate rental is included in the class fee. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. Ages 5-14.

Cost: \$65 Resident, \$80 Non-resident

Location: Ice Center at San Mateo, 2202 Bridgepointe Parkway, San Mateo (650) 574-1616

Instructor: Ice Center Staff

3400.401 M 5:15-6:15pm 9/14-10/19 5-7 yrs

3400.402 M 5:15-6:15pm 10/26-11/30 5-7 yrs

3400.403 M 5:45-6:45pm 9/14-10/19 8-14 yrs

3400.404 M 5:45-6:45pm 10/26-11/30 8-14 yrs

Parent & Child Belay Lesson (1 class)

This class will teach parents the safety skills needed for their child to climb at Planet Granite. Kids day pass and equipment rentals are included. Registration is for one adult and one child. Parent must attend class with minor in order to sign release paperwork. For additional information contact (650) 591-3030. Ages 5-13.

Cost: \$46 Resident, \$57 Non-resident

Instructor: Planet Granite Staff

Location: Planet Granite, 100 El Camino Real, Belmont
3615.403 Sat 9:45-11am 10/10

Kidz Love Soccer - Soccer 1 (9 classes)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun "skill" games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. **Shin guards are required after the first meeting.** Rainout Hotline: 1-800-871-2275. Ages 5-6.

Cost: \$91 Resident, \$106 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

3419.401 F 3:45-4:30pm 9/18-11/13

Kidz Love Soccer 2 & 3 (9 classes)

Play the exciting game of Soccer! Explore the real sport, while still in an instructional and nurturing environment. Be challenged by real soccer situations, venture into the fun tactical side of scrimmaging. Players 7-12 years old will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS Youth Specialist. Attacking and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued individual skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer... where the score is always FUN to FUN! **Shin guards are required after the first meeting.** Rainout Hotline: 1-800-871-2275. Ages 7-12.

Cost: \$91 Resident, \$106 Non-resident

Location: Grundy Park, Cherry Avenue @ Park Avenue

Instructor: Kidz Love Soccer Staff

3419.402 F 4:30-5:15pm 9/18-11/13 7-8 yrs

3419.403 F 4:30-5:30pm 9/18-11/13 9-12 yrs

Indoor Rock Climbing (5 classes)

Like fish to water! Parents know what natural climbers kids are, so we offer an exciting 5-session program to introduce them to this great sport. Classes are designed so participants climb with children their own age. Maximum of 5 children per 1 instructor. Planet Granite T-shirt included. Parent must attend first class with child to sign release paperwork. For additional information contact (650) 591-3030. Ages 5-13

Cost: \$162 Resident, \$177 Non-resident

Instructor: Planet Granite Staff

Location: Planet Granite, 100 El Camino Real, Belmont

3615.401 Th 4-6pm 9/17-10/15 5-8 yrs

3615.402 F 4-6pm 9/18-10/16 9-13 yrs

Volleyball Private Lessons

Private lessons available! One-on-one or small groups. Call Lynn at 650-615-9201 to set up appointments.

Youth Enrichment Classes

Aikido for Youth (8 classes)

In addition to being excellent physical exercise and effective self-defense, Aikido teaches smooth, balanced and relaxed movement. Aikido means "way of harmony" and is a philosophy integrating physical, spiritual and cultural values. Class is taught in a formal setting with the discipline and etiquette that reflect traditional Japanese Martial Arts. Email aikiodori@yahoo.com for information. Ages 7-13.

Cost: \$72 Resident, \$87 Non-resident
Location: Tanforan Professional Center,
1405 B Huntington, SSF
Instructor: Robert Toyama
3407.401 T & Th 6:00-6:45pm 9/8-10/1
3407.402 T & Th 6:00-6:45pm 10/6-10/29

Badminton (6 classes)

Are you ready for the fastest racket sport in the world? This class offers a fun and instruction-packed 6 sessions designed to keep badminton players of all levels of experience active during this fall season. Players will be divided by age. Coaches will assign drills and instruction in both singles and doubles play with advanced players playing a round robin match play format. To enhance badminton skills of less experienced players, all players will learn or review scoring rules, foot work, strokes and essential fundamentals. This camp will prepare students for middle school and high school competitive badminton. Participants should bring their own racquets. After first class meeting, instructor may request student to relocate to class section most appropriate to student's demonstrated ability. Intermediate badminton is for participants who have taken badminton classes before and looking to prepare for middle school and high school competitive badminton. No class 11/11 & 11/26. Ages 5-16.

Cost: \$86 Resident, \$101 Non-resident
Location: Bay Badminton Center, 1611 Adrian Rd. Burl.
Instructor: Ben Lee & Wesley Hsieh

Beginning Youth 5-9 Years

3719.401	W	4-5pm	9/16-10/21
3719.402	Th	4-5pm	9/17-10/22
3719.403	W	4-5pm	10/28-12/9
3719.404	Th	4-5pm	10/29-12/10

Intermediate Youth 5-9 Years

3719.405	W	6-7pm	9/16-10/21
3719.406	W	6-7pm	10/28-12/9

Beginning Juniors 10-16 Years

3719.407	W	5-6pm	9/16-10/21
3719.408	Th	5-6pm	9/17-10/22
3719.409	W	5-6pm	10/28-12/9
3719.410	Th	5-6pm	10/29-12/10

Intermediate Youth 10-16 Years

3719.411	W	6-7pm	9/16-10/21
3719.412	W	6-7pm	10/28-12/9

Chinese Martial Arts Kung Fu (7 classes)

In this class, students will learn fundamental building blocks that will help develop skills required in more advanced levels of Kung Fu training. Learn the origin of Chinese Martial Arts, customs and philosophies, and in turn develop a respectful attitude toward others and themselves. Students will learn basic stances, punches, footwork, practical self-defense techniques, and a Northern Shao-Lin form. Uniform and equipment may be purchased from instructor. Students signing up for Beginner II must have completed the Beginner I class and permission from Instructor. Ages 6-over.

Cost: \$71 Resident, \$86 Non-resident
Lab Fee: Equipment may be purchased from instructor
Location: Monte Verde School, 2551 St. Cloud Dr. San Bruno
Instructor: Robert Louie & Herb Leung

Beginner I			
5401.401	F	6:45-7:45pm	9/4-10/16
5401.402	F	6:45-7:45pm	10/23-12/11
Beginner II			
5401.403	F	7:45-8:45pm	9/4-10/16
5401.404	F	7:45-8:45pm	10/23-12/11

Mighty Mite Gymnastics (6 classes)

This course offers an introduction to basic gymnastics skills and techniques. Classes focus on developing your child's strength, flexibility, coordination, and self-confidence through beginning tumbling and balancing skills. Children will participate in activities that encourage personal growth and physical fitness. No class 11/11. Ages 5-9.

Cost: \$79 Resident, \$94 Non-resident
Instructor: Laurie Loo
Location: Millbrae Community Center
3418.401 W 4:15-5:00pm 9/9-10/14
3418.402 W 4:15-5:00pm 11/4-12/16

Beginning Keyboards (4 classes)

Learn to play the keyboards in a small-sized class. Students will get individualized attention. Learn how to read music, basic keyboard techniques and easy songs and chords. Ages 6-18 years.

Cost: \$78 Resident, \$93 Non-resident
Location: Vibo Music Center, 488 San Mateo Ave. SB
Instructor: Vibo Music Piano Instructor
3113.401 Th 6:00-7:00pm 9/10-10/1
3113.402 Sat 2:00-3:00pm 9/12-10/3
3113.403 Th 6:00-7:00pm 10/8-10/29
3113.404 Sat 2:00-3:00pm 10/10-10/31

Youth Enrichment Classes



Skateboarding 101 Group Lessons

(5 Classes)

Learn to skate or refine your skills with Society skateboarding instructors. Skateboarding safety, fundamentals and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination and skateboarding etiquette. Helmets are required, pads are optional but recommended. Students bring their own skateboards. Parent must attend first class with minor to sign a waiver form. Take advantage of the 10% discount on all safety gear at 'Society' with registration located at 676 Laurel Street, San Carlos CA, 94070, (650) 703-2219. Ages 5-16.

Cost: \$100 Resident, \$115 Non-resident

Location: Millbrae Skate Park, Millbrae Avenue

Instructor: Society Skate Instructors

3424.401 Sat 10:00-11:00am 9/12-10/10 (5-10y)

3424.402 Sat 11:05-12:05pm 9/12-10/10 (10-16y)

3424.403 Sat 10:00-11:00am 10/17-11/14 (5-10y)

3424.404 Sat 11:05-12:05pm 10/17-11/14 (10-16y)

Terrific Tiny Tennis (6 classes)

Children play FUN activities and games that enhance hand-eye coordination, locomotor skills, and knowledge of general tennis concepts, in this 6-week session. Lessons also provide a success-oriented social environment that may encourage children to continue in the lifetime sport of tennis. Small group lessons for 3-6 students. Bring a racquet. In case of rain, check with the instructor at the court. **NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE.** If at any time the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Sundays may be used at the instructor's discretion. Ages 5-8.

Cost: \$69 Resident, \$84 Non-resident

Location: San Bruno City Park Tennis Courts

Instructor: Whitlinger Tennis Staff

2402.401 Sat 8:30-9:15am 9/19-10/24 5-6 yrs

2402.402 Sat 9:15-10:00am 9/19-10/24 7-8 yrs

Flag Football League (3rd-6th Graders)

The 5 on 5 flag football league is open to all boys and girls attending 3rd-6th grade. Practices will be scheduled twice per week (Monday/Wednesday or Tuesday/Thursday) and games will be played on Friday evenings. This year, please sign up for the days of the week you would like to practice. All practices and games will be held at San Bruno City Park between Lara Field and Diamond #2. Registration will be accepted at the Recreation Department and staff will randomly place participants on teams. Registration Deadline is Friday, September 11. Skills clinic will be held on Tuesday, September 15 for players practicing on Tuesday & Thursday and on Wednesday, September 16 for players practicing on Monday & Wednesday. Attendance at the clinic is important, as information regarding the league will be given there.

Skills Clinic: Tuesday, September 15 @ 3:30pm (T/Th), Wednesday, September 16 @ 3:30pm (M/W), San Bruno City Park

Cost: \$60 Resident, \$75 Non-resident

3421.401 Mon & Wed Times to be determined

3421.402 Tues & Thurs Times to be determined

Games will be played on Friday evenings.

Our youth sports program philosophy is for the children to play and have fun in a safe environment, display good sportsmanship and improve their skills. Participants will be divided onto teams that will be as evenly matched as possible. Each coach will focus on teaching skills, sportsmanship and having fun.



INTERESTED IN COACHING???

The success of our youth sports programs depend on our volunteer adult coaches. Please help your children get the most out of their sports experience. If you volunteer to coach, your child can play in the league at no charge. Call 650-616-7184 for information.

Youth Enrichment Classes

Primary Ballet Ages 5-6 (7 classes)

For children who love the fantasy of ballet this class introduces children to classical ballet technique in a supportive atmosphere. Each class includes exercises at the barre, learning primary classical positions, steps, turns and movement combinations. The stories danced to at the end of each class encourage individual expression in each dancer. Children should wear simple leotards, tights and ballet slippers. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281.

Cost: \$82 Resident, \$97 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

2103.407 T 3:30-4:30pm 9/15-10/27

2103.408 T 3:30-4:30pm 11/3-12/15

Primary Ballet Ages 6-7 (7 classes)

Dancers will learn classical ballet technique in a supportive atmosphere. Each class will incorporate barre and center exercises, steps, turns and movement combinations across the floor, stretching and free dancing. Children should wear simple leotards, tights with ballet slippers and their hair should be pulled out of their face in a bun or pony tail. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281.

Cost: \$82 Resident, \$97 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

2103.409 M 3:30-4:30pm 9/14-10/26

2103.410 M 3:30-4:30pm 11/2-12/14

Beginning Hip Hop (6 classes)

In this high energy dance class students will learn basic hip hop steps and routines to their favorite age appropriate songs! Class will also focus on rhythm and coordination skills. Students will perform for friends and family on the last day of class! Ages 6-12.

Cost: \$69 Resident, \$84 Non-resident

Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company

3104.401 W 5:30-6:30pm 9/16-10/21

Tap Dance for Children (12 classes)

Students will learn tap techniques as well as combinations and routines. Classes will help develop your child's balance, coordination and rhythm in a fun setting. Tap shoes and dance attire are required (NO STREET CLOTHES). Students must have instructor consent to enroll in Level I or Level II. No class 11/7, 11/28 Ages 3-16.

Cost: \$43 Resident, \$54 Non-resident (Level 2 class only),

\$34 Resident, \$43 Non-resident (all other levels)

Instructor: Carol Costakis

Location: Recreation Center Meeting Room (Community Room 9/26)

Introduction

3100.402 Sat 10:15-10:40am 9/12-12/12 3-7years

3100.405 Sat 10:45-11:10am 9/12-12/12 8-16 years

Level 1

3100.403 Sat 12:00-12:25pm 9/12-12/12 6-10 years

Level 2

3100.401 Sat 9:30-10:10am 9/12-12/12 6-9 years

3100.406 Sat 11:15-11:55am 9/12-12/12 10-16 years

Primary Ballet Ages 7-8 (7 classes)

Dancers will learn ballet technique in a supportive atmosphere. Each class will incorporate barre and center exercises, steps, turns and movement combinations across the floor, stretching and free dancing. Children should wear simple leotards, tights with ballet slippers and their hair should be pulled out of their face in a bun or pony tail. For questions regarding your child's level or ability please call the instructor, Matrisha at 415-722-8281. To register for the class please visit or call the Recreation Center office: 650-616-7180.

Cost: \$82 Resident, \$97 Non-resident

Location: Recreation Center Meeting Room

Instructor: Matrisha Person

2103.411 M 4:45-6:00pm 9/14-10/26

2103.412 M 4:45-6:00pm 11/2-12/14

Circus School (7 classes)

Join the circus! Students will learn basic juggling, tumbling, balloon animals, balancing poles and magic tricks! There will be a performance for friends and family on the last day of class! No class 10/9. Ages 5-12.

Cost: \$78 Resident, \$93 Non-resident

Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company

3109.401 F 3:00-3:45pm 9/11-10/30

Jr. Pop Stars (6 classes)

Love Hannah Montana? Dream of becoming a pop star? Then this is the class for you! Students will sing, dance and learn routines to their favorite music. Students will also learn how to do fun and crazy hair styles! Students must bring their own comb and hair rubber bands to every class. There will be a performance the last day of class for friends and family! Ages 7-11.

Cost: \$67 Resident, \$82 Non-resident

Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company

3112.401 W 3:30-4:15pm 9/16-10/21

Register Online by visiting
www.sanbruno.ca.gov/parks_main.asp
 and sign up for great programs from
 the comfort of your home!

Youth Enrichment Classes



Bitten by the Acting Bug? A One-Day Show Biz Basics Workshop for Kids & Teens

Are you born to entertain? Join former San Francisco talent agent Jan Downing as she guides you through the ins and outs of the acting biz. You'll learn performance basics such as how to prepare and perform a monologue and approach a cold script reading, plus you'll receive valuable insider industry tips and info on headshots, resumes, agents, auditions, training and more! Ages 9-18.

Cost: \$41 Resident, \$51 Non-resident
Location: Recreation Center Community Room
Instructor: Jan Downing
3214.401 Sat 1:00-4:00pm 10/10

Children's Crafts Class (4 classes)

This course will include an introduction to the arts. Students will have a chance to create different projects including design, painting, candle making, paper mache, and holiday cards and decorations. Children will have fun making their own artwork. Ages 6-15.

Cost: \$31 Resident, \$38 Non-resident
Lab Fee: \$15 payable to instructor at first class
Location: Recreation Center, Ceramics Studio
Instructor: Marilyn Bennett
2000.401 T 3:30-4:30pm 9/15-10/6



To register for classes, please visit the website at www.jewelrybydfly.com. When you register, be sure to click "San Bruno" when asked how you heard about them!

Some jewelry making techniques taught during class:

Bead stringing	Fingerknitting
Briolette wraps	Design principals
Metal stamping	Memory wire
Crimping	Knotting
Metal dapping	Enameling
Wire wrapping	

Dragonfly Designs teaches fun, age appropriate after school enrichment programs while introducing children to the ancient art of jewelry making. Children are encouraged to explore their creativity and are introduced to interesting colors and textures while improving hand eye coordination, small muscle development and pattern making skills all in a relaxed, joyful environment! We create beautiful jewelry to take home during each class and have special seasonal projects planned throughout the year. We introduce the children to a wide range of age appropriate jewelry making techniques, including the use of tools! Ages 6 and over.

Dragonfly Designs Studio also offers jewelry making Camps and date night drop off for parents!

Location: Dragonfly Designs Studio, 55 Nursery Way, SSF

You Bring the Kids, We'll Bring the Party!

Let us do the work to make your child's birthday party a fun-filled and unique experience! You choose a theme and we'll keep the kids active and happy with a variety of activities. Party also includes an experienced and qualified party host, age appropriate games, birthday banner, paper products, indoor/outdoor activities, and free parking. Please reserve the party at least three weeks prior to your desired party date.

Olympic Parties, Craft Parties, Splish, Splash, Sploosh Parties and High School Musical are some examples of party themes.

Ages: Up to age 12

Two-hour sessions for party, (set-up and clean-up done separately at no additional cost).

Fees: \$200 (up to 10 participants)

Covers the rental of one room and/or the gym for two hours, (use of room will vary depending upon availability) and use of equipment determined by instructor.

Activity fee (make payable to instructor): \$50.00 includes standard craft project, game supplies, party décor and balloons.

Assistants: \$50 per party hour, per assistant. Larger parties require assistants:

- 11 to 18 children: 1 assistant
- 19 to 26 children: 2 assistants

For more information and availability contact: Jennifer Molina at (650) 291-4753. All participants must fill out a liability waiver prior to the party. You must provide your own food, beverages, and birthday cake.

Learning to Paint with Music (2 classes)

New painting projects for your children. Children will love this exciting new class! Using various paint mediums children will express themselves with different styles of music such as; different forms of classical, soul music, R&B, jazz, rock and roll as well as country! Children will have a blast creating gift bags for the upcoming holiday gift giving season. Ages 5-12.

Cost: \$21 Resident, \$26 Non-resident
Lab Fee: \$8 payable to instructor
Location: Recreation Center Ceramics Studio
Instructor: Charna Conway
3015.405 Th 5:00-6:30pm 10/8-10/15

Youth Enrichment Classes

After School Adventures

Formerly
Kids Club

"Going Beyond the Bell!"

Allen Road Runners

Grades: 2nd through 6th grade
Times: M, T, W, & F: 2:45-6:00pm
& Th: 1:20-6:00pm
Instructors: Recreation Leaders
Location: 'The Roadrunner's Perch'
(Allen School Room # 12)

Dates	Cost	Allen Road Runners
September	\$100	3651.401
October	\$100	3651.402
November	\$100	3651.403
December	\$100	3651.404

Portola Pandas

Grades 3rd through 6th grade
Times: M, T, W, & F: 2:45-6:00pm
& Th: 1:15pm-6:00pm
Instructors: Recreation Leaders
Location: 'Portola Tree House'
(Portola Performing Arts Center)

Dates	Cost	Portola Pandas
September	\$100	3653.401
October	\$100	3653.402
November	\$100	3653.403
December	\$100	3653.404

Belle Air Bears

Grades: 1st through 6th
Times: M, T, W, & F: 2:25-6:00pm
& Th: 1:05pm-6:00pm
Instructors: Recreation Leaders
Location: 'The Bears Den'
(Belle Air Firehouse)

Dates	Cost	Belle Air Bears
September	\$100	3652.401
October	\$100	3652.402
November	\$100	3652.403
December	\$100	3652.404

Please Note: **Program begins September 1.** There will be no 'After School Adventures' on school holidays or teacher in service days. Winter, Spring, and Summer Day Camp Programs are available during the school sessions breaks.

For questions please call Dee at (650) 616-7183.

The San Bruno Community Services Department's Recreation Division is offering an After School Program developed in cooperation with the San Bruno Park School District (since 2002). We will offer the program at Allen, Belle Air, and Portola Schools.

The new name, 'After School Adventures' represents new ideas and activities in after school programming. We will continue to provide quality supervision, snacks, as well as forty-five minutes of homework/silent reading time, creative projects, sports, theme weeks, and special events for your child.



We must maintain a safe leader to child ratio and therefore each location has a maximum enrollment of 30 children. Please register by the 27th of every month or a \$20 late fee will apply after the 1st of each month.

Sign up for all 9 months by August 27th and receive 10% off your enrollment fees. Early registration will also help secure a spot for your child in our program. You may register at the Recreation Center, the program site, or online at www.sanbruno.ca.gov



All children must have an updated 2009-2010 school year health form on file with the Recreation Services Division. Additional information about our program can be seen in our parent handbook available at the Recreation Center or at the school sites.

Health History Form

(Must be returned with After School Adventuers registration)

Participant's Name: _____ Sex: _____ Age: _____
Address: _____ Birth Date: _____
Parent or Legal Guardian: _____ Phone: _____
_____ Phone: _____

If parent is not available in an emergency, notify:

Name: _____ Phone: _____ Relation: _____

Name: _____ Phone: _____ Relation: _____

Health History:

Food Allergies: _____ Symptoms: _____

Insect Allergies: _____ Symptoms: _____

Asthma History: _____ Symptoms: _____

Diabetes: _____ Symptoms: _____

Seizure History: _____ Symptoms: _____

Medications: _____

Any other operations, serious injuries, chronic or recurring illnesses we should be aware of:

Any specific activities to be restricted:

Important: Please notify the Recreation Leader if this participant has been exposed to any communicable disease during the 3 weeks prior to attendance or at any time during participation.

Parents' Authorization: This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me.

In the event I cannot be reached in an EMERGENCY, I hereby give permission to physician selected by parent or legal guardian or the recreation leader to hospitalize, secure proper treatment for, and to order injection anesthesia or surgery for my child, named above.

Parent/Guardian Signature

Date

Teen Classes & Programs

Diva's Night Out

Back by popular demand! Get away from your parents and bring your girlfriends for a night of fun at the recreation center. This evening will include pizza, soda, scavenger hunt, arts and crafts, glow in the dark games, a movie and more. The cost of the evening includes supervision, food and activities. Please dress warmly for this event and bring a flashlight for games. Space is limited so register by September 30. Participants will meet at the Recreation Center at 6:30pm and will be done by 10pm. Open to ages 8-12. For more information call Dee at 616-7183.

Cost: \$25 Residents, \$31 Non-resident
Location: Recreation Center Community Room
Instructor: Recreation Staff
4406.401 F 6:30-10pm 10/16

Internet Based Driver Education

Driver education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive and educational. Course work can be completed at any time of the day or night. Students may choose from an internet course or a home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include behind the wheel driving. Once you register for the class, you will be notified by e-mail within 48 hours with an access code. You can register at any time and complete the course at the student's pace. Ages 14-18.

Cost: \$76 Resident, \$91 Non-resident
Instructor: Self Taught - Allgood Education Corp
Location: Internet
Day/Time: Available 24 hours a day
4210.401

Volunteer Opportunities Pre-registration Required!

Looking to get involved in your community? Need volunteer hours for school? Learn to work with your peers, create a positive environment for children, and have fun while doing it. We are looking for helpful and enthusiastic individuals who would like to help us out with our special events and child-aged programs. Open to ages 13-17. For more information call Dee @ 616-7183.

Guys Night Out

Back by popular demand! This is a guys only party! Use of the gym and recreation center will be all yours for a night of fun. This evening will include pizza, soda, basketball, game tournaments, glow in the dark games, a movie and much more! The cost of the evening includes supervision, food, and activities. Please dress warmly for this event and bring a flashlight for games. Space is limited so please register by October 14. Participants will meet at the Recreation Center at 6:30pm and will be done by 10pm. Open to ages 8-12. For more information call Dee at 616-7183.

Cost: \$25 Residents, \$31 Non-resident
Location: Recreation Center Community Room
Instructor: Recreation Staff
4406.402 F 6:30-10pm 10/23



Skateboarding 101 Group Lessons

(5 Classes)

Learn to skate or refine your skills with Society skateboarding instructors. Skateboarding safety, fundamentals and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination and skateboarding etiquette. Helmets are required, pads are optional but recommended. Students bring their own skateboards. Parent must attend first class with minor to sign a waiver form. Take advantage of the 10% discount on all safety gear at 'Society' with registration located at 676 Laurel Street, San Carlos CA, 94070, (650) 703-2219. Ages 5-16.

Cost: \$100 Resident, \$115 Non-resident
Location: Millbrae Skate Park, Millbrae Avenue
Instructor: Society Skate Instructors
3424.402 Sat 11:05-12:05pm 9/12-10/10(10-16y)
3424.404 Sat 11:05-12:05pm 10/17-11/14(10-16y)

Teen Dance Friday, October 2

Meet up with all of your friends and dance to your favorite songs. Our live D.J. will be there with the latest and greatest songs of the year. Dances are held from 7-9:30pm at the Veterans Memorial Recreation Center. Tickets will go on sale one week before each dance at Parkside Intermediate School and at the Recreation Center. The pre-sale cost is \$7, \$10 at the door. Student ID cards will be checked at the door. The dances are not school sponsored or PTA events. We'll also sell glow necklaces for only \$2.00. Call Dee @ 616-7183 for more information. Don't Miss Out!

YAC Application



City of San Bruno YOUTH ACTIVITIES COMMITTEE (YAC) APPLICATION 2009-2010

Calling all teens 7th through 12th grade! Do you need community service hours or just want to get involved with your community? Community Involvement begins with YOUth! Plan activities for the youth of San Bruno. The Youth Activities Committee (YAC) works with Community Services Department staff to develop, promote, conduct, and evaluate a wide variety of activities and events for the youth and teens of San Bruno. Examples of activities and events are: Social events (i.e. dances, trips), community involvement (i.e. holiday or environmental events), fundraising opportunities and networking with other youth or teen groups (i.e. YAC Attack, school activities). Complete and return the attached application along with one letter of recommendation from a teacher, advisor, counselor or coach to the Veterans Memorial Recreation Center, attn: Dee Fabela. For additional information contact Dee Fabela at 616-7183 or Barbara Bruxvoort at 616-7078. Application deadline is Wednesday, September 16.

Name _____ Email address _____

Street address _____ Zip Code _____

Phone Number _____ Age _____

What grade will you be in this fall? _____ What school will you attend this fall? _____

Why do you want to become a member of the Youth Activities Committee? _____

What programs, activities or issues would you like to see addressed by the Youth Activities Committee? _____

What strengths could you contribute to the Youth Activities Committee? _____

Please list the extracurricular activities you have been involved with. _____

Please list your community service involvement. _____

I, _____, verify that the information I have included on this application is correct to the best of my
applicant knowledge.

I, _____, am aware that my child has applied and may be accepted to serve on the San Bruno
parent Youth Activities Committee.

Signature _____ Date _____

Adult Enrichment Classes

Adult Intro to Ice Skating (6 classes)

You can have fun learning how to ice skate while getting some exercise too! Basic skating skills will be covered in these six-week courses. Class fee includes one-half hour lesson, skate rental and practice time immediately following each lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lesson to check-in and get skates on. No class 11/26. Ages 16-over.

Cost: \$65 Resident, \$80 Non-resident

Location: San Mateo Ice Center, 2202 Bridgepointe Parkway, San Mateo

Instructor: Ice Center Staff

5400.401 Th 7:00-8:00pm 9/17-10/22

5400.402 Th 7:00-8:00pm 10/29-12/10

Aikido For Beginning Adults (Coed) (12 classes)

Aikido is a Japanese martial art. The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is an excellent means of physical exercise and effective self-defense. Call (650) 872-2968 for information. Ages 14-over.

Cost: \$91 Resident, \$106 Non-resident

Location: Tanforan Professional Center, 1405 B Huntington, SSF

Instructor: Masatoshi Morita

5406.401 MWF 10:00-11:00am 9/14-10/9

5406.402 T,W,Th 7:00-8:00pm 9/8-10/1

5406.403 MWF 10:00-11:00am 10/12-11/6

5406.404 T,W,Th 7:00-8:00pm 10/6-10/29

Exercise Room

San Bruno Residents Only

The San Bruno Exercise Room is located at the front of the Veterans Memorial Recreation Center. The room is 625 square feet, has natural sun light, fresh air circulation, and new workout equipment. Featured equipment includes a Universal Weight Lifting Machine, Olympic bench press and free weights, exercycle, treadmill, Stairmaster, Smith Glide Machine, Leg Curl/Extension machine, and dumbbells. Users must register at time of first use and carry San Bruno issued I.D. Card whenever using the facility. Please note: only San Bruno residents over the age of 18 are permitted to use the exercise room. All exercise room hours are Coed. Gym is closed on Tuesdays and Thursdays from 5:15-7pm for class.

Cost: \$4 one day pass

\$24 per month

\$95 per 6 months

Hours of Operation:

Monday-Thursday - 8:00am - 9:00pm

Friday 8:00am-5:00pm

Saturday - 9:00am-1:00pm

Private Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced. Call the tennis instructor at (408) 745-6171 to make arrangements. All checks should be made payable to San Bruno Parks and Recreation. Payment should be given to the instructor at the time of your lesson.

Instructor: Stanford Coach John Whitlinger & USPTA

Professional Tom Sarsfield's staff

Location: San Bruno City Park Tennis Court #1

Fee: \$52 Resident, \$65 Non-resident (per hour),

\$141 Resident, \$156 Non-resident (three one hour lessons), (Add \$5 per hour for an additional person)

Code: 5402.409 (per hour)

5402.410 (3 hours)

Tennis Lessons (6 classes)

Six hours of instruction for adult/youth classes of four to eight students. Classes of two students will be converted into four one-hour lessons. In case of rain, check with the instructor at the court. NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE. If at anytime the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Sundays may be used at the instructor's discretion.

Novice: (Ages 9-14)

For beginners and advanced beginners. Learn simple and efficient techniques to develop dependable strokes that will enable you to enjoy tennis and continue to improve after class. Student(s) should repeat this class level until the instructor recommends an advancement.

Low Intermediate: (Ages 15 & over)

For those who can rally consistently but lack depth and placement. Emphasis on stroke fundamentals and basic strategy.

Cost: \$69 Resident, \$84 Non-resident

Location: San Bruno City Park Tennis Court #1

Instructor: Whitlinger Tennis Staff

5402.401 Sat 10:00-11:00am 9/19-10/24 Low Int

5402.402 Sat 11:00-12:00pm 9/19-10/24 Novice

Women's Weight Training (16 classes)

Whether you are 18 or 80, you never outgrow the need to exercise and stay fit. Strengthen, tone and shape your muscles through a variety of resistance training exercises. Workouts can be adjusted to fit your individual goals. This is a serious weight training and body building program and is recommended for anyone who is serious about getting and staying in shape. No class 11/24 & 11/26. Ages 18-over.

Cost: \$46 Resident, \$57 Non-resident

Lab Fee: \$15 payable to instructor at 1st class

Location: Recreation Center Meeting Room & Exercise Room

Instructor: Kristin Allen

5904.401 T & Th 5:30-6:45pm 10/20-12/17

Adult Enrichment Classes

For additional information regarding the Adult Sports Leagues, contact Danielle at 650-616-7182.

Adult Fall Softball

The Fall Softball League will begin play in September. Teams will play a four game schedule with the top four teams advancing to a single elimination playoff. Each league will be limited to five teams. Registration packets are available at the San Bruno Recreation Department. Ages 18 & over or high school graduate.

Registration Deadline: Monday, August 10

Tentative League Dates: September 14-October 30

League Nights:

Monday - Recreational Coed (5450.401)

Tuesday - Men's C (5450.402)

Wednesday - Men's D (5450.403)

Friday - Men's D (5450.405)

Tentative Game Times: 7:30pm & 8:30pm

Location: Lion's Field

League Fee: \$470 per team (discount of \$60 if you have 5 San Bruno residents or more)

Adult Fall Flag Football

The "5 on 5" league is back! This action packed non-contact league will be played at Lion's Field on Thursday nights. Teams will play an eight game season with the top four teams advancing to a single elimination playoff. Teams must have same colored jerseys that need to be approved by the League Director. Registration packets are available at the San Bruno Recreation Center. Ages 18 & over or high school graduate.

Registration Deadline: Thursday, August 13

Tentative League Dates: September 17-November 19

Location: Lions Field

League Night: Thursday (5452.401)

Game Times: 6:30pm, 7:30pm, 8:30pm (subject to change)

League Fee: \$760 per team, (discount of \$60 if you have 5 San Bruno residents or more)

Yoga (7 classes)

Yoga means union and is designed to assist in integrating mind, body and spirit. Each yoga posture not only helps us to relax, strengthen and tone, but also aids in opening major energy centers. Over time, many of us build up and hold blocked energy within, creating tension, stress and disease, which limits us from vibrating at our highest level. Take time for yourself and join this non-competitive, relaxing and life-giving environment. No previous experience is necessary. Please bring a mat or towel. It is best not to eat prior to class. Ages 15-over.

Cost: \$64 Resident, \$79 Non-resident

Drop In: \$12 Resident, \$15 Non-resident

Location: Recreation Center Meeting Room

Instructor: Linda Russell

5601.401 M 7:00-8:30pm 9/14-10/26

5601.402 M 7:00-8:30pm Drop In

5601.403 M 7:00-8:30pm 11/2-12/14

5601.404 M 7:00-8:30pm Drop In

TAE BO Fitness (13 Classes - Sat or 14 Classes - M-Th)

This innovative program teaches the tried and true TAE BO techniques and now goes to a new level. Amazing new workouts are fun, fast and effective! Peter, personally trained by Billy Blanks, will guide and inspire you through your weight-loss plateaus and boost your metabolism for amazing results. TAE BO is the hottest fitness phenomenon and most complete workout system yet. Millions of people including athletes and celebrities have seen the benefits of TAE BO. Now its here for you in San Bruno! "Motivation is temporary, but inspiration can last a lifetime", Peter says. No class 11/11, 11/26, 11/27, 11/28.

Cost: \$127 Resident, \$142 Non-resident (Mon, Tues, Wed, Thurs), \$118 Resident, \$133 Non-resident (Sat)

Location: Dojo USA, 731 Kains Avenue, San Bruno

Instructor: Peter Johnson, Billy Blank's Tae Bo Certified Instructor

5418.401 M 7:00-7:45pm 9/14-12/14

5418.402 T 9:00-10:00am 9/15-12/15

5418.403 W 7:00-7:45pm 9/9-12/16

5418.404 Th 9:00-10:00am 9/10-12/17

5418.405 Sat 8:30-9:30am 9/12-12/12



Martial Arts for Mental Health & Physical Wealth (26 classes)

For Centuries people have trained in the Martial Arts to increase longevity, improve health, empower discipline and develop focus. At Dojo USA, they acknowledge the roots of this activity for adults. You'll not only gain flexibility & strength while improving muscle tone but you will receive a "Strategy-for-Success in life." Taught from a perspective that health and fitness is a key part of personal safety, each class has 3 parts: 1) Be engaging & fun, 2) Encourage healthy challenges, 3) Promote learning & growth. No prior training necessary, this beginning class will help you move slim & trim all while putting a pep back in your step. From the board room to the laundry room you will come away with a black belt edge in life. Get our mojo at the Dojo!

Cost: \$226 Resident, \$241 Non-resident

Location: Dojo USA, 731 Kains Avenue, San Bruno

Instructor: Dojo USA Martial Arts Training Center Black Belt Staff

5418.406 T&Th 6:30-7:20pm 9/15-12/15

Drop In Gym

Mondays & Wednesdays - Basketball

San Bruno's Gymnasium is located at
251 City Park Way

(Participants must show proof of age by valid California ID or Drivers' License or School ID).

\$4-Adult Open Play

Basketball

17 & Over

7:30-9:15pm

\$2-Youth Open Play

Basketball

16 & Under

6:30-7:30pm

This schedule is subject to change for
special events & holidays

Adult Enrichment Classes



Paying for Your Child's Education (1 class)

For parents and grandparents interested in saving for a child's education expenses. This is a realistic overview of education costs with a discussion of the various options for education savings including 529 Plans, Coverdell Education Savings Accounts and Financial Aid.

Cost: \$6 Resident, \$7 Non-resident

Location: Edward Jones Offices, 1001 Sneath Lane, Suite 107

Instructor: Meg Rocas Finones

5225.402 W 10:00am-12:00pm 9/23

Compost Workshop (1 class)

The County of San Mateo Master Composting Volunteers will provide a workshop to the public to educate and demonstrate how to compost and worm compost. Each class is 2 hours long (will cover the same material) and since the instructors are volunteers there may be different instructors for different days. All volunteer Master Composters have completed an intensive Master Composter Training Program of 20 initial hours and monthly in-service training. Ages - All Welcome!

Pre-registration for this class is desired. In the case of no enrollment, class will be cancelled two days prior to the meeting date.

Cost: \$6 Resident, \$7 Non-resident

Location: Recreation Center Conference Room 2

Instructor: San Bruno Garbage Co. & County of San Mateo Master Composting Volunteers

5205.401 T 6:30-8:00pm 9/8

5205.402 Sat 9:30-11:00am 10/10

5205.403 Sat 9:30-11:00am 11/7

Lifeguard Instructor Course

This American Red Cross Course trains instructor candidates to teach Lifeguard Training, including: First Aid and CPR for the Professional Rescuer; Lifeguard Management; AED Essentials; Oxygen Administration for the Professional Rescuer; Blood Borne Pathogens; Community Water Safety; Basic Water Rescue. Prerequisites: 17-years-old; Current *Fundamentals of Instructor Training* (FIT) Certificate; successful completion of the Pre-Course Session, with an exam score of 80% or better; demonstration of competency in the Pre-Course skills. Candidates must attend all class sessions. For more information contact Jennie at 650 616-7184. Registration deadline 9/1. Minimum enrollment is 4.

Cost: \$200

Location: San Bruno Park Pool & Recreation Center

Instructor: Jennie Tucker

0901.401 W 9/9, M 9/14, W 9/16 5:00-9:00pm

Sat 9/19, Sun 9/20 10:00am-5:00pm

Women and Investing (4 classes)

Participants will learn the power of investing and how to examine their current financial situation, focus on their goals, control taxes, and manage financial risks. We will also discuss stocks and bonds, investing and retirement plans. Investments will be unveiled in simple, easy to understand language for everyone.

Cost: \$6 Resident, \$7 Non-resident

Location: Edward Jones Offices, 1001 Sneath Lane, Suite 107

Instructor: Meg Rocas Finones

5225.403 W 6-8pm 9/22-10/13

Tax Free Investing (1 class)

This seminar will discuss the features, benefits, tax law implications, and three ways to own tax free products.

Cost: \$6 Resident, \$7 Non-resident

Location: Edward Jones Offices, 1001 Sneath Lane, Suite 107

Instructor: Meg Rocas Finones

5225.401 Th 10am-12pm 9/24

Roll It, Take It, Leave It, Move It (1 class)

This class is designed for working investors, job changers, workers facing a layoff and recent retirees. Determine what to do with your assets, for example, roll overs, employer sponsored retirement plans and IRA's

Cost: \$6 Resident, \$7 Non-resident

Location: Edward Jones Offices, 1001 Sneath Lane, Suite 107

Instructor: Meg Rocas Finones

5225.404 T 6-8pm 10/20



San Bruno Lions We Serve

Please support your local
Lions Club activities.
All proceeds go back into
our community!

*Make a difference, become a Lion.
Contact Dave at 650-619-2486.*

Adult Enrichment Classes

American Line Dancing as Low Impact Exercise Program (8 classes)

Line Dancing is for fun and excitement! Get lively, move with confidence, and stay fit while having fun with or without a partner. Learn various forms of line dancing, country line, flowing waltz, boogies, tango, cha-cha, foxtrot, and rumba using country, rock and roll, disco and pop music. No class 10/29. Ages 18-over.

Cost: \$61 Resident, \$86 Non-resident
Drop In Fee: \$10 Resident, \$13 Non-resident
Location: Recreation Center Meeting Room
Instructor: Allen Isidro
5107.401 Th 7:15-8:45pm 9/17-11/12
5107.402 Th Drop In

Beginning Fiddling Class (14 classes)

This class is for people with minimal or no previous experience. Students will learn how to tune and hold the fiddle along with learning some basic scales. We will also teach some fun and popular tunes. Ages 8-over.

Cost: \$250 Resident, \$265 Non-resident
Location: Vibo Music Center, 488 San Mateo Ave., SB
Instructor: David Finch
5121.401 M 7:00-8:00pm 9/14-12/14

Guitar Workshop for Beginners (8 classes)

Learn all the basics for the guitar. This class is designed for beginners. You will learn basic posture, fundamental chords, strumming patterns, and well known songs from different genres. This is a great class for parents and children to take together! Ages 8-over.

Cost: \$150 Resident, \$165 Non-resident
Location: Vibo Music Center, 488 San Mateo Ave., SB
Instructor: Vibo Music Guitar Instructor
5117.401 Sat 12:00-12:45pm 9/19-11/7

Special Needs Wednesday Social Event Night

Looking to socialize with other Special Needs teens and adults? Wednesday nights at the Veterans Memorial Recreation Center is the place to be! Each Wednesday from 7:00-9:00pm, we do various activities that may include leaving the Recreation Center. Please call Jennie at 616-7184 and leave your address to receive a newsletter and obtain more information about our events.

Belly Dance (8 classes)

Are you tired of Aerobics or don't find Jazzercise very creative? Try Belly Dance! A dance with ancient origins, it is not only great exercise, but also is highly individualistic, allowing each dancer to develop her own unique style. Instruction includes dance styles from Egypt (Cabaret, Ghawazee, Saidi), Tunisia, Morocco, Turkey, Persia and Afghanistan. The course, for beginning through advanced teens and adults, will also include instruction in costuming techniques appropriate to each style. Bring three yards of sheer 45 inch wide fabric and a set of four finger cymbals. Ages 13-over. Females only.

Cost: \$48 Resident, \$60 Non-resident
Location: Monte Verde Elementary School, 2551 St. Cloud Dr, San Bruno
Instructor: Nancy Hernandez
5106.401 M 7:00-9:00pm 9/14-11/2

Social Ballroom Dance (6 classes)

When you go to dance, do you envy those couples gliding around the floor? Join the beginning class and learn the basics in the Samba, Rumba, Cha Cha, Waltz, Foxtrot, Swing, Mambo, Tango and more. The Intermediate Class is a continuation of instruction from the Basic Class with the addition of NEW and advanced steps with emphasis on styling in all the dances. One basic series required before attending Intermediate Class. New intermediate steps every series. FOR COUPLES ONLY. Ages 16-over.

Cost: \$95 Resident, \$110 Non-resident (per couple)
Location: Forest Hill Christian Church, 250 Laguna Honda Blvd. SF
Instructor: Bart & Judy Lewis
5105.401 Th 7:30-8:30pm 10/29-12/10 (beg)
5105.402 Th 8:30-9:30pm 10/29-12/10 (int)

Fun Part-Time Jobs (1 class)

Get paid to sample food, to dine out, for your opinions, to shop, to go bowling, to work out in a gym, to be in a movie or TV, to share your hobby, and many more! No age limit, no education or experience required. Instructor Dan Tilles has done them all and will tell you who hires, how to apply, what they pay and everything else you need to know to make money having fun. Ages 18-over.

Cost: \$27 Resident, \$34 Non-resident
Lab Fee: \$1 payable to instructor at class
Location: South San Francisco Municipal Building, 33 Arroyo Dr.
Instructor: Dan Tilles
5204.401 T 7-9:30pm 9/15

Adult Enrichment Classes

Creative Ceramics (8 classes)

Christmas is closer than you think!! Here's your chance to make individualized gifts for those special friends. Our new kiln is here and we will be trying some experimental glazes in a controlled firing. Our glazes are oven and microwave safe as well as food safe. The class is open to beginners and advanced students. Coil, pinch and slab work will be covered wheelwork introduced. Create your own casserole dishes, platters, mugs and sculptures with microwaveable - lead free glazes. Learn hand work as well as wheel throwing, slab, coil and sculpture introduced. Lab fee covers cost of glaze and firing. Clay is available at cost. Wear your old clothes or smocks! Ages 15-over.

Cost: \$46 Resident, \$57 Non-resident

Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5002.401 T 6:30-9:15pm 9/15-11/3

5002.402 W 9:30-11:45pm 9/16-11/4

50+ Ceramic classes & Oil Painting offered at the Senior Center by the San Mateo Adult Education. For more information see 50+ pages or contact the Senior Center at 650-616-7150.



Sketching, Painting & Watercolor (8 classes)

Sketching and drawing will be done using the "Right Side of the Brain" techniques, which encourages an original and inspirational approach. Students will learn how to handle water interactive, spontaneous, fresh way, techniques of watercolor will be covered. Emphasis on color blending, values building and composition will also be covered. Please bring any brushes, sketch-books and watercolor paper you will need. Brushes are also available through the instructor at a minimal cost. This class is open to all beginning and intermediate students. Ages 15-over.

Cost: \$38 Resident, \$47 Non-resident

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5005.401 T 6:30-9:15pm 9/15-11/3

5005.402 W 9:30-11:45am 9/16-11/4

Porcelain Dolls (8 classes)

Create a doll for someone special and a gift that can be treasured forever. Complete a doll of your choice in porcelain. After using our molds, you will be instructed in cleaning and finishing techniques as well as china painting to decorate dolls. A wide variety of dolls will be reproduced, antique as well as new modern dolls are available from 2" to 36". Supplies, greenware, china paints and tools purchased separately from instructor. Ages 15-over.

Cost: \$36 Resident, \$44 Non-resident

Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5001.401 T 6:30-9:15pm 9/15-11/3

5001.402 W 9:30-11:45am 9/16-11/4

New Candle Power (2 classes)

Imagine on those cold winter nights, warm glowing candles created by you! You will learn how to make a variety of candles by dipping, pouring and adding decorative accents for your favorite holiday or special occasion. We will also cover flower and floating candles. Ages 15-over.

Cost: \$26 Resident, \$32 Non-resident

Lab Fee: \$15 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett

5002.403 W 7-9pm 9/23-9/30



To register for classes, please visit the website at www.jewelrybydfly.com. When you register, be sure to click "San Bruno" when asked how you heard about them!

Some jewelry making techniques taught during class:

Jewelry Making Techniques	Woven Waxed Irish Linen
Bling Rings	Decorative Stringing Techniques
Nested Pendants & Rings	Mother Daughter Class
Wire Wrapped Rings	Resin Pendants
Herringbone Weave	Copper Etching
Earring Extravaganza	Enameling
Stamping & Dapping	Seed Beaded Coral Jewelry
Stamping & Dapping Metal	

Have you ever looked longingly at a piece of jewelry and wished you knew how it was made? Let us help you by taking you through simple steps to create beautiful jewelry! We offer an amazing array of adult jewelry making classes to bring you from beginning bead stringing to intermediate wire wrapping to advanced metal stamping and dapping and much, much more!

Location: Dragonfly Designs Studio, 55 Nursery Way, SSF

Adult Enrichment Classes

Glass Windchime, Napkin Holders & Small

BOWLS (4 Classes or 8 Classes)

Come and learn the beautiful and extraordinary art of glass fusion! After completing this course you will learn to create a fused glass slumped bowl, a glass night light or a napkin holder. Basic glass cutting and fusing skills are required and can be learned in fused glass jewelry. All of your tools, cutters, saws, grinders and a kiln as well as fusing glass supplies will be provided. New molds have been purchased - come see! Class sizes are limited so sign up early!

Ages 13-over. Children over 8 can sign up with a supervising adult or any child that has made glass with Charna in the past,

Cost: \$72 Resident, \$87 Non-resident (4 Classes),
\$124 Resident, \$139 Non-resident (8 Classes)

Lab Fee: \$55 payable to instructor,
includes glass and firing.

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

5015.411	M	9:30-11:30am	9/21-10/12
5015.412	M	7-9pm	9/21-10/12
5015.413	M	9:30-11:30am	9/21-11/9
5105.414	M	7-9pm	9/21-11/9

Fused Glass Jewelry (4 classes or 8 Classes)

Continuing students will always learn something new in this class. Advanced students will explore inclusions, enamels, milliflorii and much more. Come and learn the beautiful and extraordinary art of glass fusion from professional artist Charna Conway! After completing this course, you will not only come away with a sun catcher, pendant, earrings and a pin, but the basic knowledge of FUSING GLASS. All of your tools and supplies will be provided. Just wear your old clothes and prepare to have fun. Once you learn this beautiful art form you will be amazed at what you can create. All projects will be fired by instructor. Class sizes are limited so sign up early! Ages 13-over. Children over 8 can sign up with a supervising adult or any child that has made glass with Charna in the past.

Cost: \$72 Resident, \$87 Non-resident (4 Classes),
\$124 Resident, \$139 Non-resident (8 Classes)

Lab Fee: \$25 payable to instructor,
includes glass and firing.

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

5015.401	M	9:30-11:30am	9/21-10/12
5015.402	M	7-9pm	9/21-10/12
5015.403	M	9:30-11:30am	9/21-11/9
5105.404	M	7-9pm	9/21-11/9



New

Champagne Flute Earrings (1 class)

Make these beautiful champagne flute earrings using wire working methods. During this special four hour class you will learn other basic wire working and beading skills. Bring a snack if you wish. All the tools and supplies will be provided for you, but you may bring any of your favorite wire/beading tools.

Cost: \$27 Resident, \$34 Non-resident

Lab Fee: \$10 payable to instructor

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

5015.405 W 5-9pm 10/21



New

Hot Mosaics Masterpiece (4 or 8 Classes)

In this special mosaic class, students of all ages will transform a beautiful wood box or other object into their own special treasure. In this new class, students will get to use glass and ceramic tiles to create their masterpiece as well as create a hot mosaic centerpiece for their project using glass fusion techniques. Students of all ages are welcome. Charna always gives individual attention to each and every student. The students' design will be based on their skill level. All genuine materials will be used for this special project. The use of planning a mosaic project is known to be beneficial to a child's mental and creative development as well as a great stress releaser for any adult!

Cost: \$72 Resident, \$87 Non-resident (4 Classes),
\$124 Resident, \$139 Non-resident (8 Classes)

Lab Fee: \$20 payable to instructor,
includes glass and firing.

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

5015.406	Th	9:30-11:30am	9/24-10/15
5015.407	Th	7-9pm	9/24-10/15
5015.408	Th	9:30-11:30am	9/24-11/12
5105.409	Th	7-9pm	9/24-11/12

New

Dangle Necklace (1 class)

Learn basic beading skills in this fantastic class where you will create a beautiful beaded dangle necklace. This class is three hours long so make sure to bring a little snack. All of your supplies will be provided for you, however if you have your own beading tools that you enjoy using, please feel free to bring them.

Cost: \$24 Resident, \$30 Non-resident

Lab Fee: \$10 payable to instructor

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

5015.410 W 5-8pm 10/28

Adult Enrichment Classes

Cake Decorating (4 classes)

In this class you will learn the basics of cake decorating and more! This class will cover everything you need to get started decorating cakes that will impress you, your friends and family. We will learn to make roses, level a cake, make icing, make decorative strokes such as stars, shells, leaves, stems and clowns. After the first week students will need to bring icing as well as a cake or cupcakes to decorate. Ages 16-over.

Cost: \$56 Resident, \$70 Non-resident

Lab Fee: \$25 payable to instructor for cake decorating kit

Location: Recreation Center Tiny Tots Room

Instructor: Christine Hopkins

5024.401 W 6:30-8:30pm 9/30-10/21



Digital Photography Techniques (8 classes)

This is a fun, entry level course in photography that will give you the power to create amazing imagery with your point and shoot digital camera. In this class, students will learn basic concepts related to composition techniques, practice them with fun and challenging weekly photo assignments. In a supportive class environment, students will interact and share imagers and ideas related to assignments, and understand what the role of photography has had on society. Mystified about your camera and photo software? Students will also develop a complete understanding of their digital cameras, and how to use all those confusing settings in order to make wise choices through hands-on practice. You will be amazed! Ages 15-over.

Cost: \$66 Resident, \$81 Non-resident

Lab Fee: \$20 payable to instructor at first class

Location: Recreation Center Conference Room 1

Instructor: Marty Scoduto

5221.401 W 6-8pm 9/9-10/28

Polymer Clay (1 class)

Have you wanted to experiment with polymer clay but weren't sure where to begin? This class is the place! This class will cover the basics of polymer clay, how to get started as well as a lot of different techniques. You will also learn basic cane making and make some fun projects that can be taken home, ready to bake! Age 16-over.

Cost: \$21 Resident, \$26 Non-resident

Lab Fee: \$10 payable to instructor at class

Location: Recreation Center Ceramics Room

Instructor: Christine Hopkins

5023.401 W 6:30-8:30pm 9/16

Card Making (1 class)

In this class, you will make 6-8 cards for all occasions. You will use a variety of papers, stickers and lots of different embellishments to make unique cards that are almost a gift in themselves! You will also learn how to make a pop-up card in this class! Ages 16-over.



Cost: \$21 Resident, \$26 Non-resident

Lab Fee: \$10 payable to instructor at class

Location: Recreation Center Tiny Tots Room

Instructor: Christine Hopkins

5021.401 W 6:30-8:30pm 9/23

Scrapbooking (1 class)

Do you have lots of pictures and want to get them organized? This class will teach you the basics of scrapbooking. You will make pages that are easy to put together but have lots of impact. You will work with a variety of papers and embellishments so you can experiment with a lot of different looks! Ages 16-over.

Cost: \$21 Resident, \$26 Non-resident

Lab Fee: \$10 payable to instructor at class

Location: Recreation Center Tiny Tots Room

Instructor: Christine Hopkins

5025.401 W 6:30-8:30pm 10/28



Family Outdoor Trips

Historic Market Street: Path Of Gold

Historically speaking, Market Street in downtown San Francisco lines the city's first boulevard, dubbed the 'Path of Gold' as it was rebuilt after the 1906 earthquake from the Ferry Building to Lotta's Fountain. This trip is at your leisure! Take a walk and view the historic buildings, monuments, and tour the Ferry Building. The Ferry Plaza Farmer's Market will be held on this day as well. We'll depart from the Recreation Center and travel in City vans. Remember to bring your lunch or money for lunch. Don't forget money if you want to shop! Bring water, a camera, sturdy shoes, and wear layers. For more information call Dee @ 616-7183. **Please register before September 9, 2009.**

Cost: \$15 Resident, \$19 Non-resident
Location: San Francisco
Instructors: Recreation Center Staff
5592.401 Sat 9:30-2:30pm 9/19



Half Moon Bay Art & Pumpkin Festival

We will get an early start down to Half Moon Bay for their annual Art & Pumpkin Festival! This is the perfect time of year to celebrate autumn and Half Moon Bay does it in a singularly spectacular way. Every year, people make the annual trek to the "World Pumpkin Capital" for this event. You can enjoy a memorable experience with the special display of massive weigh-off champion pumpkins, remarkable "Picasso of pumpkin carvers" sculpting and shaping a monster 1,000+ pound pumpkin, three stages of great entertainment, a crowd favorite home-spun parade, harvest-inspired crafts, and the tastiest pumpkin pie to go around! We'll depart from the Recreation Center and travel in City vans. Remember to bring your lunch or money for lunch. Also don't forget money if you want to buy something while at the festival! Bring water, a camera, sturdy shoes, and wear layers. For more information call Dee @ 616-7183. **Please register before October 7, 2009.**

Cost: \$15 Resident \$19 Non-resident
Location: Half Moon Bay
Instructor: Recreation Center Staff
5572.401 Sat 7:30am-1:30pm 10/17



The Harvest Festival includes fun, food, and entertainment and one of a kind handmade arts & crafts. Hundreds of artisans featuring unique products from eye catching jewelry, colorful glassware and ceramics, hand-woven and embellished clothing, photography, specialty foods, home décor and much more! We'll depart from the Recreation Center and travel in City vans. Remember to bring your lunch or money for lunch. Don't forget money if you want to shop! Bring water, a camera, sturdy shoes, and wear layers. For more information call Dee @ 616-7183. **Please register before November 18, 2009.**

Cost: \$24 Resident, \$30 Non-resident
Location: San Jose
Instructor: Recreation Center Staff
5593.401 Sat 10am-3pm 11/28



The Gilroy Premium Outlets is more than just a great collection of the finest designer labels and brands, it's California's largest outlet center. This is trip that is designed for a bargain hunter's haven. A perfect trip right before the holiday season. We'll depart from the Recreation Center and travel in City vans. Remember to bring your lunch or money for lunch. Don't forget money if you want to shop! Bring water, a camera, sturdy shoes, and wear layers. For more information call Dee @ 616-7183. **Please register before December 2, 2009.**

Cost: \$15 Resident, \$19 Non-resident
Location: Gilroy Outlets
Instructor: Recreation Center Staff
5594.401 Sat 10am-3pm 12/12

Adult 50+ Travel & Day Trips

San Bruno Senior Center 1555 Crystal Springs Road - 650-616-7150

Register for the following excursions at the San Bruno Senior Center

A Silent Step Back In Time

Sunday, September 20

\$82 per person

The day will begin at the Essanay Silent Film Company in Niles, founded in 1907. You will get a brief history of the studio; a tour of the c. 1913 Edison Theater and the projection room; a viewing of silent movies made by Charlie Chaplin and Bronco Billy; a brief guided walking tour of the historic neighborhood. Then it is off to the Niles Canyon Railroad to venture to Sunol, where you will enjoy a hosted brunch buffet at Bosco's Bones and Brew.



Christmas Reno Trip

Stay at the Nugget Hotel, includes a Christmas show and a stop at Thunder Valley on the way home. Sign up at the San Bruno Senior Center. Contact June Wydler at 355-1748 if you have any questions.

Cost: \$142 per person double occupancy, \$162 per person single occupancy

Date: Sunday, December 13 & Monday, December 14

Overnight Reno Trips

Trip includes an overnight stay at the Silver Legacy Hotel in Reno and food coupons and cash bonus. If you have additional questions, please contact Barbara Luzaich at 650-583-6745. Sign up at the San Bruno Senior Center only. Ages 50+

Cost: \$84 per person double occupancy, \$95 per person single occupancy

Day/Date: Sunday, September 27 & Monday, September 28.

Time: 8:00am

Pick Up Location: San Bruno Park Pool Parking Lot

Indian Casino Day Trips

Depart San Bruno Park Pool Parking Lot at 8am and travel to an Indian Casino where you will enjoy casino action. Sign up at the San Bruno Senior Center only. Ages 50+

Red Hawk - \$32

Wednesday, September 16

\$10 casino cash

Cache Creek - \$32

Tuesday, October 27

\$5 Match Play, \$5 Table Games, \$2 Food Credit

Thunder Valley - \$32

Wednesday, November 18

\$5 match play, \$5 food credit



San Bruno Senior Center - Adults 50+

1555 Crystal Springs Road - 650-616-7150

Art & Special Interests, Exercise, Music & Dance

Mondays

3-Mile Hike.....	8:15am
Intermediate Western Line Dancing.....	9:00am
*CeramicsBegins 9/14.....	9:00am
*Arm Chair TravelBegins 9/14.....	10:00am
Ballroom Dancing (to live music).....	10:45am
Bridge.....	1:00pm
*Wings Over ItalyBegins 9/14.....	1:00pm
BINGO.....	1:10pm
Computer Club.....	1:00pm
*Gentle Pilates....Begins 9/14.....	3:30pm
*Yoga.....Begins 9/14.....	4:30pm

Tuesdays

Fun & Fitness Exercise.....	9:00am
Beg/Int Tap Dance.....	10:00am
Spanish Lessons.....	10:00am
Ukulele Lessons.....	10:00am
First Time Tappers.....	11:00am
Jazz Dance.....	12:30pm
Computer Club.....	1:00pm
Ballroom Dance Lessons.....	2:00pm

Wednesdays

3 Mile Hike.....	8:15am
Advanced Western Line Dancing.....	9:00am
Stained Glass.....	9:30am
Ballroom Dance (to live music).....	10:45am
Computer Club.....	1:00pm
*Current Affairs....Begins 9/9.....	1:00pm
Beginning Western Line Dancing.....	1:00pm
Intermediate Western Line Dancing.....	2:00pm
Tai Chi.....	3:15pm
BINGO.....	1:10pm
*Yoga.....Begins 9/9.....	4:30pm

Individual Class Fees range
from free to \$5 per class.



Thursdays

Fun & Fitness Exercise.....	9:00am
Creative Writing.....	10:00am
*YogaBegins 9/10.....	10:00am
*Oil/Acrylic Painting ...Begins 9/10.....	12:30pm
Softball	10:30am
Ballroom Line Dancing.....	1:00pm
Coping with Change & Loss Support Group..	1:00pm
Pedro (1 st , 3 rd & 5 th Thursday Tournament)...	12:30pm
Thursday Night BINGO.....	5:00pm

Fridays

3 Mile Hike.....	8:15am
Advanced Tap Dance.....	9:00am
*Knitting.....Begins 9/11.....	9:00am
Movie (1 st Friday).....	9:30am
Music Sing Along (2 nd Friday).....	11:00am
Computer Club.....	1:00pm
Bridge.....	1:00pm
Gardening Class.....	1:00pm
BINGO.....	1:10pm
Ping Pong (2 nd & 4 th Friday).....	1:30pm

*Sponsored by San Mateo Adult Education

San Mateo Adult Education Programs

Held at San Bruno Senior Center

All seniors (50+) are invited to participate in all classes.
Co-sponsored with San Mateo Union High School District
There is a nominal fee for the above co-sponsored programs

<u>Class</u>	<u>Instructor</u>	<u>Day</u>	<u>Times</u>
Ceramics	Ann Grannis	M	9am
Armchair Travel	Aldo Pardini	M	10am
Wings Over Italy	Aldo Pardini	M	1pm
Pilates	Stephanie Funk	M	3:30pm
Yoga	Matt McGovern	Cory M & W	4:30pm
Current Affairs	Jack Mather	W	1-3pm
Yoga	Elizabeth Hackett	Th	10-11:30am
Painting	Jeri McGovern	Th	12:30-3:30pm
Knitting	Joyce Fritz	F	9am

\$30 Class Card per class. \$55 unlimited classes for 10 week sessions.

Daily Drop In Activities

Bocce Ball
Pool Tables
Cards
Twice Monthly Pedro Tournaments
Monday and Friday afternoon Bridge Club
Lunch & Transportation programs sponsored in part
by San Mateo County Area Agency on Aging.

Adults 50+ Clubs & Services

1555 Crystal Springs Road - 650-616-7150

Social Service Hotline 1-800-675-ties (8437)

American Association of Retired Persons (AARP)

Monthly meetings at the San Bruno Senior Center, second Saturday of each month, 9:00am – 12:30pm.

San Bruno Senior Club

The San Bruno Senior Club meets every Thursday at the Recreation Center from 10:00am to 3:00pm. Members bring a bag lunch, play cards, BINGO and may participate in special monthly excursions. Transportation is available to and from the club. Call Arland Sponsler at (650) 583-2000.

Computer Club

Membership is open to everyone over 50. We offer classes (including beginners), practice time and coaching. Current information is posted on the Club Bulletin Board in the Center's Conference Room. Questions call (415) 334-3434.

Enhancing Nutrition with Eating Healthy 9:30-11am - 2nd Tuesday of each Month

Join the San Bruno Senior Center for an exciting new monthly service. Each month, a licensed dietician will visit the Senior Center to enhance your nutrition and bring with her low sodium food for you to taste.

Blood Pressure Checks

Come have your blood pressure and glucose screened the second Tuesday and last Friday of each month from 9:30-11am. There is no charge for this service. This program is sponsored by Senior Focus, Mills-Peninsula Health Services and San Mateo County Aging & Adult Services.

Health Insurance Counseling and Advocacy Program (Hicap)

Call 1-800-434-0222 to speak to our volunteer health insurance counselor who is available for Tuesday appointments. She will help answer your questions about medicare and health insurance issues including HMO's and Long Term Care.

Social Services

Susan McCaman at (650) 616-7155 is available to assist and answer questions pertaining to senior health care, transportation, employment, respite care, tax assistance, social security, insurance, home delivered meals, housing, and more. If you are homebound or know of someone who can use assistance or support, call Susan. There is no charge for this valuable service for San Bruno residents, but donations are accepted.

Minor Home Repair Program for Senior Homeowners

If you have problems with Screen Doors, Broken Windows, PG&E Weather Stripping or Minor Plumbing Repairs, call North Peninsula Neighborhood Services to see if you qualify for assistance. 650-583-3373

Help at Home: A Guide to Assist San Mateo County Residents to Remain at Home

The Help at Home guide is a mini-reference guide designed to assist San Mateo County adults of all incomes to remain in their homes when they are ill, disabled, or in crisis. The guide includes listings for Aging & Adult Services of San Mateo County, adult day care centers, grocery and meal delivery services, dining centers, home care services, home health agencies, medical insurance assistance, loan closets, medical equipment, support groups, transportation, and more.

Help at Home is published by the San Mateo County Commission on Aging and the Peninsula Library System and contains no advertisements. Spanish and Chinese versions will be available and an online version can be accessed at <http://cip.plsinfo.org/hah.htm>. To obtain a free copy of the 2008-2009 booklet, please call the Peninsula Library System Community Information Program at 650-595-7950, or call Susan McCaman at the San Bruno Senior Center at 650-616-7155.

Adults 50+ Activities

1555 Crystal Springs Road - 650-616-7150

AARP Driver Safety Program

8:30am-12:30pm

October 14 & 16

AARP & San Bruno Senior Center sponsors a refresher-driving course for adults 50 and over. The cost is \$12 for AARP Members and \$14 for Non-AARP Members for two 4-hour sessions. Call the Senior Center to register.

Fun & Fitness Exercise Class

Tuesday & Thursday - 9-10am

A light aerobic workout including stretches, choreographed to lively music. Get your body moving and join the fun!

Fee: \$3 for San Bruno Residents, \$3.50 for Non San Bruno Residents

Free Annual Health Screening

Tuesday, September 8

San Bruno Senior Center

9am-11:30pm

Complete Cholesterol Profile*

Blood Pressure

Blood Glucose

Weight

BMI

Consultation with a nurse

*12 hour fast required for blood cholesterol screening

Sponsored by Mills-Peninsula Senior Focus

Mandatory Pre-Registration required.

Call the senior center for more information

Flu Clinic

Tuesday, October 27

9am - 12 noon

At the San Bruno Senior Center

No Reservations Necessary

Sunday Dances

1st Sunday of the Month

Line Dance with Jeanette Feinberg & Tina Beare

1:00-4:00pm, \$5 seniors (50+) only.

Refreshments, lessons and dancing!

3rd Sunday Dances

Come and dance the afternoon away with the Bob Guiterez Band. Refreshments served.

Your hosts: Raoul Epling & Akira Tsunoda

1:00-3:00pm, \$4 per person

Last Sunday Dance

Last Sunday of each month. Refreshments served.

Live music with the Bob Guiterez Band. Your host:

Raoul Epling & Akira Tsunoda

1:00-3:00pm, \$4 per person

High Gas Prices? No Place To Park?

Why not try the BUS and leave the driving to us!
Door to Door Service to the Senior Center for San Bruno Residents Phone 616-7150

BOCCE BALL FOR PLAYERS 50+

FALL LEAGUE STARTS 9/14

Mondays 9/14 9am-12noon

Tuesdays 9/15 Noon-3pm

Friday 9/18 9am-12noon

Registration Deadline: 8/14

League Fee: \$5 per person non-members

Free for 2009 members

Four person teams plus one alternate

Sign up at the San Bruno Senior Center or call Mary Tessier at 616-7152.

2009 Fall Horseshoe League

League Begins September 9

Registration Deadline August 14, 2009

League plays Wednesdays from 9:30-11:30am at Beckner Shelter in San Bruno City Park.

Two Person Teams

League Fee: \$2 for non-members

Free for members

For more information, call Mary Tessier at 650-616-7152.

Softball League

Team of enthusiastic players (50+) who practice and play softball on Thursday mornings (usually 10:30-12noon) at Diamond #2 in San Bruno City Park. New players, male and female, encouraged to join us for some fun and exercise. League will continue through November with weather permitting.

League Fees: \$10 per person

For more information call Mary Tessier at 650-616-7152.

New Year's Party

Thursday, December 31

10:30am - 1:00pm

Featuring:

The Dixie Knights of Nostalgia 5-Piece Band and your host Raoul Epling

Elegant Catered Lunch

New Year Toast at Noon

Tickets Now Available

Requested Donation

\$12 in advance, \$15 at the door

Lunch Program

1555 Crystal Springs Road - 650-616-7150

Pick up your monthly Senior Center Activities Bulletin at the Senior Center Reception Desk and check out our daily lunch menu! Our talented chefs prepare food onsite to provide you with delicious meals that you can enjoy with your friends on the deck overlooking Junipero Serra Park or in our beautiful dining room. If you're at least 60 years old (and registered), the requested donation for each meal is only \$3.00. Registration is easy. Just stop by and we'll show you how. If you're younger than 60, the cost for each meal is \$5.50. Co-sponsored by San Mateo County Area Agency on Aging.

"Freddie's Cafe"

Monday - Friday
8:00am-4:00pm

Now serving Espressos, Lattes,
Mochas, Cappuccinos, Speciality
Drinks, Chai Tea, Hot Chocolate, Tea,
Hot Apple Cider, Italian Sodas, and
Sandwiches!

OPEN TO THE PUBLIC!

Fun Events at San Bruno Senior Center

Monday, October 5

OctoberFest

Monday, October 12

Italian Fest

\$5 in advance, \$6.50 at the door

Friday, October 30

Halloween Party

Wednesday, November 25

Thanksgiving Party

Wednesday, December 23

Holiday Party

Thursday, December 31

New Years Eve Lunch Party

Talent Show

Master of Ceremonies: Raoul Epling
Friday, September 25
10:30am - 1:00pm

Performances and demonstrations from some of our wonderful classes and Senior Center talent. If you are interested in performing, call Mary at 616-7152 or sign up at the front desk. Deadline to register is September 11. Come cheer on the "talent" and stay for lunch.

Salad Bar

Monday - Friday
11:00am - 12:15pm
\$3.50 Donation

For people 60+ and registered for the
Senior Center Lunch Program

Your 2009 SBSC Voluntary Membership Application is waiting for you at the Senior Center Reception Desk.

Annual Membership fee is \$15 per year for San Bruno Residents, \$20 for non-residents. All membership donations are tax deductible and support the non-profit Information/Referral, Transportation, and Lunch Programs.

The benefits package includes:

One Lunch Ticket - \$3 value

One Free Happy Hour - \$5 value

One Free Biscotti or Pastry at Coffee Bar - \$1 value

Waive Senior Center League participation fees for Bocce, Horseshoes and Softball - \$55 value

Free use of the Billiards Table - \$20 value

Plus the satisfaction of supporting the San Bruno Senior Center - priceless

The Non-Profit Senior Services Program
Sponsors

Thursday Night BINGO

Doors open at 5:00pm
Games begin at 6:45pm

Open to the Public
Maximum payouts
4 Early Birds; 17 regular games
and much, much more!

Special Event Order Forms

Letters to Santa Order Form

Mail this form and \$3 per letter by December 7th to:
Santa Claus, c/o San Bruno Parks & Recreation Services Department
567 El Camino Real, San Bruno, CA 94066

PLEASE PRINT

Your Name: _____

Address: _____

Day Phone: _____

Mail Santa Letter to:

Child's Name: _____

Child's Street Address: _____

City, State, Zip Code: _____

Dear (Name) _____

I can't believe it is almost Christmas! The elves and I are busy getting everything ready so I can deliver all the wonderful presents on Christmas Eve. I know that last Christmas you really liked the _____ I brought for you. Wait until you see what I am bringing you this year. You're going to love it! The elves told me you started watching (tv show or movie) _____ and you really like that show. So how's the weather in _____? Up here at the North Pole we've seen a lot of snow this year. The reindeer love playing in the snow. Their favorite thing to do is catch a snowflake on their tongue. Wow! It says here on my list that you are _____ years old. Your (color) _____ hair really looks nice on you. Mrs. Claus and I are really proud of you for (achievement) _____ this year. You sure are growing up quickly. I can't wait to visit your best friend _____ this Christmas Eve. Make sure you leave out cookies and milk. Traveling around the world sure makes me hungry. Remember I'm always watching you. Make sure you have those _____ eyes closed tight when I arrive.

Your Friend,
Santa

Santa Hot Line Registration Form

Mail this registration form and \$5.00 per phone call by December 7th to:
Santa Claus, c/o San Bruno Parks & Recreation Services Department
567 El Camino Real, San Bruno, CA 94066

Registrant's Name: _____

Registrant's Address: _____

Phone Number: _____

Time Child/Children will be home on Thursday, December 17 between: (check best time)

_____ 5:00-6:00pm (0503.401) _____ 6:00-7:00pm (0503.402)

Please Print and fill in the blanks:

Child's Name: _____

Special gift from last Christmas: _____

Gift they would like this year: _____

Name of one of child's friends: _____

Any pets and their names: _____

Names of brothers & sisters: _____

A special vacation or trip this year: _____

Name of school, teacher, grade they're in: _____

Favorite cartoon character and/or movie: _____

Any other interests: _____

Registration Information & Instructions

Registration begins immediately.

Five Easy Ways To Register:

1. Mail-In

Mail completed form, payment, and health form if appropriate, in a sealed envelope to:
Veterans Memorial Recreation Center
567 El Camino Real
San Bruno, CA 94066
Attn: Class Registration

2. Drop Off

Place completed form and payment in a sealed envelope in the "Registration Drop Box" at the Recreation Center, Monday-Thursday 8:30am-8:30pm, Friday 8:30am-4:30pm, and Saturday, 9:30am-12:30pm.

3. Fax-In

(650) 583-2545

Fax registrations will be accepted if you plan to pay by VISA or MasterCard. Please write clearly. Fax registration will be compiled with that day's mail.

4. Internet Online Registration

To register from the comfort of your home, visit the Community Services Activity Guide website at www.sanbruno.ca.gov

5. Walk-In

Monday-Thursday, 8:30am-8:30pm, Friday, 8:30-4:30pm and Saturday, 9:30am-12:30pm. Bring completed form to the Veterans Memorial Recreation Center in San Bruno City Park, 251 City Park Way.

Photo Use

The City of San Bruno reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the City of San Bruno and may be used for publicity, promotional or website purposes only.

Right to Deny Service

In the interest of the safety and well being of all participants, the City of San Bruno reserves the right to deny service to any participant.

Registration Information

1. There will be a \$26 fee for each returned check; payment must be made by money order or cash.
2. Resident fee applies to anyone living within the San Bruno City limits, all others must pay non-resident fee.
3. For classes located on school grounds, use of tobacco products is prohibited.
3. For hearing impaired persons, call California Relay Services at 1-800-735-0373 (Voice) or 1-800-735-0193 (TTY).
4. Make checks payable to "San Bruno Recreation."
5. A registration confirmation will be mailed to you.
6. DO NOT mail cash.
7. Visa/MasterCard payment is available. Accurately complete the designated box on the registration form.

San Bruno Resident Status

Residents live or own property in the City of San Bruno. All others are non-residents. We may require proof of residency. Acceptable proof of residency could be a current tax, utility bill or driver's license.

Program Participation Minimums

In order to provide a positive experience for residents, each class, program or activity has a minimum participation requirement. From time to time, a program may be cancelled due to minimum participation numbers not being met. All participants are urged to enroll early to avoid programs being cancelled.

Refund Policy

Full refunds will be issued only upon the Department's cancellation of a class or activity. Please allow 3 weeks for refunds to be processed. If you choose to withdraw from a class at least 3 working days prior to the first class meeting, you will receive a refund for the amount of the class, less a \$6.00 service charge per activity. If you choose to withdraw from a class less than 3 working days prior to the first class meeting, you may not receive a refund for that class. All refund requests will be taken on a case-by-case basis.

E-Mail Addresses

San Bruno Recreation Services Division will be asking for your e-mail address when you register for classes so we can contact you with updates, bulletins, and special event notices. We will not sell or share your address. You will always have the option to opt out of our address list.

Registration Form



Please fill out the form below and mail with your payment to:

MAILING ADDRESS:

Veterans Memorial Recreation Center
567 El Camino Real
San Bruno, CA 94066
650-616-7180 (phone)
650-583-2545 (fax)

PHYSICAL ADDRESS:

251 City Park Way
San Bruno, CA 94066

Payer Name: _____
(First Name) (Middle Initial) (Last Name)

Address: _____
(City) (Zip)

Home Phone:() _____ Day Phone:() _____ Emergency:() _____

Email address: _____

Email address is optional if you would like to receive your receipt by email and to be included in our regular email updates.

Participant's Full Name	Grade	Sex M/F	Birthdate (all participants)	Code Number 1 st Choice	Goblin Grotto Ticket Color	Activity Name	Program Fee

☐ Yes, I have added \$_____ to support the Youth Recreation Scholarship Program. Total Fees

Liability Release: In consideration of my application for the above activity, I hereby waive, release, and discharge any and all claims for damage for death, personal injury or property damage, which I may have, or which may hereafter occur to me, as the result of participation in said event or activity. This release is intended to discharge in advance the City of San Bruno, its officers, employees, agents or volunteers from liability, even though that liability may arise out of negligence or carelessness on the part of persons or entities listed above. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing these risks, I hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. In the interest of the safety and well being of all participants we reserve the right to deny service to any participant. By signing this release, I agree to the use of my name and/or photo for City publicity. The city is not responsible for lost or stolen items.

Signature _____ Date _____

Parental Consent: (To be completed if applicant is under 18 years of age): I give my consent for my son/daughter _____ to participate in the above activity and I execute the above liability release on his/her behalf. I have read and understood the foregoing registration form, liability release form, and parental consent form, and agree to all their terms and conditions.

It's Easy! You can even use your credit card!

☐ Visa ☐ M/C

Signature _____

Card Number _____

Exp. Date _____

I authorize the above charges.

Cardholder's Name (Printed) _____

Community Organizations & Sports Groups

Sports Contacts

Note: Playing seasons and some sign-up dates are listed. For further information, call the contact.

Baseball

T-Ball League (5-6 yrs) - Ray Scarabosio.....689-5543

League: April-May, Sign-ups in January

Junior Giants (7-12 yrs) - Lorry Greenberg.....873-0856

League: July-August, Sign-ups 2nd & 3rd Sat. in May

Peewee League (8-10 yrs) - Ray Scarabosio.....689-5543

League March-June, Sign-ups 2nd & 3rd Sat. in January

Fall Baseball (10-14 yrs) - Jim Thiel.....589-4432

League: August-November, Sign-ups June 9 & 16

Bronco Division (11-12 yrs) - John Seevers.....871-8493

League: Mid February-June, Sign-ups end of January

Pony Division (13-14 yrs) - Jim Thiel.....589-4432

League: Mid February-June, Sign-ups end of January

Colt League (15-16 yrs) - Dave Stagnaro.....583-3497

League: Mid May-Mid July, sign-ups last two Sat. in Feb.

DiMaggio Team (16-18 yrs) - (Summer)

Tom Lara.....589-4430

Bob Nolan.....952-6833

League: End of May-Mid August, sign-ups in February

DiMaggio Team (16-18 yrs) (Winter)

Tom Lara.....589-4430

or Lee Graf.....873-6416

League: September-November, sign-ups in August

American Legion (16-18 yrs) (Summer & Fall)

Lynn Berliner....873-0918

League: End of May- Mid August & September-Mid November, sign-ups end of February

Softball

Girls Minor League (6-13 yrs) - Bill Bishop.....872-3291

League: Mid February-Mid May, sign-ups Mid October

Girls Major League (13-18 yrs) - Bill Bishop.....872-3291

League: End of May - Mid July, sign-ups late March

Men's & Coed League - Danielle Brewer.....616-7182

League: Spring, Summer, Fall - April through October

50+ Daytime League - Mary Tessier.....616-7152

Football

West Bay Rams (5-15 years)

Football & Cheerleaders - Kosini Lavulo.....270-1523

Men's Flag Football League - Danielle Brewer.616-7182

Soccer

A.Y.S.O. (4-18 years) -

Trish Estalita or Manny Cotla.....873-2976

League: Year-Round

Lowen Soccer Club - Charlie Rigenberg.....636-3243

Bocce Ball

50+ Spring, Summer & Fall - Mary Tessier.....616-7152

Cheerleading

Ultimate All Stars Competitive Cheer & Dance

Dee Williams.....504-8015

Community Clubs & Organizations

BOY SCOUTS OF AMERICA

Contact Council Headquarters at 341-5633

FRIENDS OF THE SAN BRUNO PUBLIC LIBRARY

Contact Karen Mayers, President, 952-2035

GIRL SCOUTS OF AMERICA

www.girlscoutsnorcal.org

Contact 1-800-447-4475

BLOOD CENTERS OF THE PACIFIC

Contact 369-8211

SAN BRUNO 4H CLUB

Farm Phone Number 588-9549

Contact Pat Bohm at 873-2850 or

Jane Stahl at 583-7249

SAN BRUNO AARP

Contact Bill Goff at 583-4499

SAN BRUNO AMERICAN LEGION

Contact Bill Michelini at 589-3102

SAN BRUNO CHAMBER OF COMMERCE

Contact Laura Baughman or Deborah Franzella at 588-0180

www.sanbrunochamber.com

office@sanbrunochamber.com

SAN BRUNO COMMUNITY GARDENS

Contact Helen Kiefer at 871-1958

Garden is located at the south end of First Avenue near Lions Field.

SAN BRUNO LIONS CLUB

Contact Harry Costa at 871-9425

Posy Parade - 1st Sunday in June!

SAN BRUNO MOTHERS CLUB

Contact 286-7591

website: www.sanbrunomothersclub.com

SAN BRUNO POLICE RESERVES

Contact Sergeant Dermot Downes at 616-7100

ddowns@ci.sanbruno.ca.us

SAN BRUNO ROTARY

Contact Amy Fink, President, at 624-8252

www.rotary5150.org

SAN BRUNO SENIOR CLUB

Contact Bob Miller, President, at 438-5824

VFW Post 2517

Contact Commander Jim Johnson at 697-1889

San Bruno
Community Services Department
567 El Camino Real
San Bruno, CA 94066

PRSRT STD
U.S. Postage
Paid
Permit #84
San Bruno, CA
E.C.R.W.S.S.

Residential Customer
San Bruno, CA 94066

The City of San Bruno Community Services Department
Presents

Holiday Tree Lighting Ceremony

Thursday, December 3, 2009
5:30pm

Come to the front of the Veterans Memorial Recreation Center in San Bruno City Park and join us for the tree lighting. Then stay for the carolers, goodies, visit with Santa and children's crafts.

**Cookies &
Hot Chocolate**



**Children's
Crafts**



Santa Visits